PEOPLE'S BIODIVERSITY REGISTER TARPHO

Compiled by Members of Biodiversity Management Committee, Tarpho & Mizoram State Biodiversity Board Office of Chief Wildlife Warden Environment, Forest & Climate Change Department MINECO, Khatla, Aizawl

Mizoram

MSBB/PBR/

Year 2021

Mizoram State Biodiversity Board Office of Chief Wildlfie Warden Environment, Forest & Climate Change Department MINECO, Khatla, Aizawl Mizoram

PART – I

1. The Biological Diversity Act, 2002 & Rules, 2004

The Biological Diversity Act, 2002 (No. 18 of 2003) was notified by the Government of India on 5th February, 2003. The Act extends to the whole of India and reaffirms the sovereign rights of the country over its biological resources. Subsequently the Government of India published Biological Diversity Rules, 2004 (15th April, 2004). The Rules under section 22 states that 'every local body shall constitute a Biodiversity Management Committee (BMC) within its area of jurisdiction'.

2. People's Biodiversity Registers and role of the Biodiversity Management Committee

The mandate of the Biodiversity Management Committee has been clearly highlighted in the Biological Diversity Rules 2002 as follows:

- The main function of the BMC is to prepare People's Biodiversity Register in consultation with the local people. The register shall contain comprehensive information on availability and knowledge of local biological resources, their medicinal or any other use.
- The other functions of the BMC are to advice on any matter referred to it by the State Biodiversity Board or Authority for granting approval, to maintain data about local vaids and practitioners using the biological resources.
- The Authority shall take steps to specify the form of People's Biodiversity Registers, and the particulars it shall contain and the format for electronic database.
- The Authority and the State Biodiversity Boards shall provide guidance and technical support to the Biodiversity Management Committees for preparing People's Biodiversity Register.
- > The People's Biodiversity Registers shall be maintained and validated by the Biodiversity Management Committees.

3. People's Biodiversity Registers and role of National Biodiversity Authority (NBA)

The National Biodiversity Authority shall provide guidance and technical support to the Biodiversity Management Committee (BMC) for preparing People's Biodiversity Register.

People's Biodiversity Registers and the role of State Biodiversity Board (SBB)

The State Biodiversity Board (SBB) would provide necessary training to the technical Support Group (TSG) of the district and enable smooth functioning and aid in networking for creation and maintenance of People's Biodiversity Registers (PBR).

People's Biodiversity Registers and Role of the Technical Support Group (TSG)

The Technical Support Group (TSG) will consist of experts from various disciplines and line departments, universities, research institutes, colleges and schools and non-governmental organizations. The Technical Support Group will provide technical inputs and advice to the BMC's on identification of plants and animals, monitor and evaluate the PBR exercise, examine confidential information and advice on legal protection, maintain a database of local and external experts on biodiversity.

4. People's Biodiversity Registers (PBR)

Being a mega biodiverse country, India is very rich in biological and cultural diversity. It is also a home of many tribal groups, pursuing different kinds of nature based livelihoods. In addition, a large number of farming, fishing communities, and nomadic group possessed traditional knowledge of varying degrees. The development of modern science and technology in biotechnology and information technologies have increased the value of biodiversity and associated knowledge including traditional knowledge (TK). The growing importance of biodiversity, bio-resources and associated knowledge is fairly well understood. The first step towards conservation is sustainable utilization of biodiversity and its documentation. Biodiversity and associated knowledge is found in different ecosystems under different legal management regimes and hence the results and the manner of documentation will also differ.

The present manual guidelines have been drafted taking into consideration different ecosystems and include the rural, urban and protected areas. The guidelines may be customized and further information may be added to enrich the effort. It is important to keep in mind some of the issues related to PBRs:

- > It is to be undertaken in a participatory mode involving varying sections of village society
- > While documenting the PBR, knowledge and views of both genders are to be recorded
- Information's provided by the community should be collated, analyzed and crosschecked by the members of the Technical Support group (TSG) before documentation
- > PBR is important base document in the legal arena as evidence of prior knowledge and hence careful documentation is necessary
- The document should be endorsed by the BMC and later publicized in the Gram Sabha/Grma Panchayat/Panchayat Samiti. The document can be a very useful tool in the management and sustainable use of bio-resources. The document can also be a very useful teaching tool for teaching environmental studies at schools, colleges and university level.
- > The document should be periodically updated with the additional and new information as and when generated.

4.1 The PBR Process

The preparation of People's Biodiversity registers (PBR) involves the active support and cooperation of a large number of people who need to share their common as well as knowledge (traditional knowledge). The first and foremost important task for preparing a PBR is organizing a group meeting to explain the objectives and purpose of the exercise. Different social groups in the village need to be identified for purpose of data collection from those groups. In an urban situation, spots where biodiversity are important need to be identified for the purpose of the study and documentation. The documentation process includes information gathered from individuals through detailed questionnaire; focused group discussion with person's having knowledge and published secondary information.

4.2 Documentation and Traditional Knowledge (TK) related to biodiversity

Documentation of knowledge of individuals with regard to biodiversity and its uses is an important part of PBR. Every effort should be made to identify the persons with proven knowledge of local biodiversity; special attention should be given to the elderly persons who can also provide information on the biodiversity which was available in the past but no longer seen at present. In some cases focus group discussion may be held for the purpose of documentation.

4.3 PBR Methodology

The PBR is a participatory process requiring intensive and extensive consultation with the people. The objectives and purpose is to be explained in a group meeting in the presence of all sections of people in the Panchayat, members of the BMC, students, knowledgeable individuals and those interested in the effort. Documentation includes photographs (including digital images), drawings, audio and video recordings and other records like printed material.

4.4 **Process in PBR Preparation**

- **Step I** : Formation of Biodiversity Management Committee (BMC)
- **Step II** : Sensitization of the community/local people about the study, survey and possible management
- **Step III** : Training of members in identification and collection of data on biological resources and traditional knowledge
- **Step IV** : Collection of data. Data collections includes review of literature on the natural resources of the districts, Participatory Rural Appraisal (PRAs) at village level, household interviews, individual interviews with village leaders and knowledgeable individuals, household heads, key actors of the panchayat raj institutions and NGOs and direct field observations
- **Step V** : Analysis and validation of data in consultation with technical support group and BMC
- **Step VI** : Preparation of People's Biodiversity Register (PBR)
- **Step VII** : Computerization of information and resources.

General Details of People's Biodiversity Register (PBR) of TARPHO

Name of the village	:	TARPHO
Block	:	Hnahthial
District	:	Hnahthial
State	:	Mizoram
Geographical Area of the Panchayat Samity	:	15 sq.km
Population under the Panchayat Samity	:	480
Male	:	234
Female	:	246
Habitat and Topography	:	Tropical evergreen forest, Hilly terrain & Plain
Climate (Rainfall, Temperature and other weather patterns)	:	5°C-30°C(Temp), 3000-4000 mm (Rainfall)
Land use (Nine fold classification available with village records)	:	Agriculture/Farming
Date, Month and Year of PBR preparation	:	
Management Regime: Reserve Forests (RF)/ Joint Management (JM)/Protected areas (PA)/ Community Owned and Managed Forests (COM)	:	СОМ

Annexure I

Details of the BMC members of the Panchayat (One elected chairperson and six persons nominated by the local body; not less than one third to be women and not less than 18% belonging to SC/ST)

1.	Name of the Chairman	:	P.LALCHHUANKIMA
	Age	:	48
	Gender	:	Male
	Address	:	Tarpho
	Area of specialization	:	Farmer
2.	Name	:	RUALTHANGA
	Age	:	68
	Gender	:	Male
	Address	:	Tarpho
	Area of specialization	:	Farmer
3.	Name	:	VANROKHAWLA
	Age	:	48
	Gender	:	Male
	Address	:	Tarpho
	Area of specialization	:	Farmer
4.	Name	:	LALRINAWMA
	Age	:	70
	Gender	:	Male
	Address	•	Tarpho
	Area of specialization	:	Farmer

5.	Name	:	ISAK MS DAWNGZELA
	Age	:	35
	Gender	:	Male
	Address	:	Tarpho
	Area of specialization	:	Farmer
6.	Name	:	VANLALHRUAII
	Age	:	42
	Gender	:	Female
	Address	:	Tarpho
	Area of specialization	:	Farmer

Annexure II

List of Vaids, hakims and traditional healthcare (human and livestock) practitioners residing and or using biological resources occurring within the jurisdiction of the village.

Name	:	NIL
Age	:	
Gender	:	
Address	:	
Area of specialization	:	
Location from which the person		
accesses biological material	:	
Perception of the practitioner		
on the resource status	:	

Annexure III

List of individuals perceived by the villagers to possess Traditional knowledge (TK) related to biodiversity in agriculture, fisheries and forestry.

Name	:	NIL
Age	:	
Gender	:	
Address	:	
Area of Specialization	:	

Annexure IV

Details of schools, colleges, departments, universities, government institutions, non-governmental organization and individuals involved in the preparation of the PBR

1)	Contact Person	:	Dr. Lalneihpuia Chhakchhuak
	Name and Address	:	Technical Assistant
			Mizoram State Biodiversity Board
2)	Contact Person	:	Derrick Zothanmawia
	Name and Address	:	Computer/Field Assistant
			Mizoram State Biodiversity Board
3)	Contact Person	:	
	Name and Address	:	

PART - II

AGROBIODIVERSITY

Format 1 : Crop Plants

1	2	3	4	5	6	7	
Сгор	Scientific Name	Local Name	Variety	Landscape/	Approx. area	Local S	tatus
-			· ·	Habitat	sown	Past	Present
Turmeric	Curcuma longa	Aieng	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Para cress	Acmella paniculata	Ankasa	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Mustard	Brassica rapa	Antam	Local	Hilly terrain, Jhum land	Not measured	Abundant	Abundant
Deccan hemp	Hibiscus cannabinus	Anthur	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
White or Winged yam	Dioscorea alata	Bachhim	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild coriander	Eryngium foetidum	Bahkhawr	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Perennial herb	Colocasia sp	Baibing	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Taro	Colocasia esculenta	Bal	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Brinjal	Solanum melongena	Bawkbawn	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Lady's finger	Abelmoschus esculentus	Bawrhsaiabe	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Bean	Phaseolus vulgaris	Bean	Local	Hilly terrain, Jhum land	-do-	Abundant	Insufficient
Cow pea	Vigna unguiculata	Behlawi	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Pigeon pea	Cajanus cajan	Behliang	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Soyabean	Glycine max	Bekang	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Hyacinth bean	Lablab pupureus	Bepui	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Winged Bean	Psophocarpus tetragonolobus	Bepuipawr	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Snake gourd	Trichosanthes anguina	Berul	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Climber	-	Bete	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Broccoli	Brassica olearcea var italica	Brocoli	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Rice	Oryza sativa	Buh	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Green pea/Matar	Pisum sativum	Chana	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Bitter gourd	Momordica charantia	Changkha	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
White durra	Sorghum cernuum	Chhawhchhi	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Coriander	Coriandrum sativum	Dhania	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Sorghum	Sorghum bicolor	Faibar	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cucumber	Cucumis sativas	Fanghma	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Broad or sword bean	Canavalia ensiformis	Fangra	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Chilli	Capsicum annuum	Hmarchapui	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Birds eye chilli	Capsicum frutescens	Hmarchate	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Arrowroot	Maranta arundinaceae	Hnahthialbal	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Squash	Sechium edule	Iskut	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Roselle	Hibiscus sabdariffa	Lakher anthur	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Aromatic herb	Elsholtzia communis	Lengser	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Pumpkin	Cucurbita maxima	Mai/Maian	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Ash gourd	Benincasa hispida	Maipawl	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant

Spiny bitter tomato	Momordica cochincinensis	Maitamtawk	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
-	Coix lacryma-jobi	Mim	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Mula	Raphanus sativas	Mula	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Cauliflower	Brassica oleracea var. botrytis	Parbawr	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild celery	Trachyspermum roxburghianum	Pardi	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
-	Clerodendrum colebrookianum	Phuihnam	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
-	Senna occidentalis	Reng an	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Wild basil	Ocimum americanum	Runhmui	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Bitter tomato	Solanum aethiopicum	Samtawk	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Ginger	Zingiber officinale	Sawhthing	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant
Devils tongue	Amorphophallus sp	Telhawng	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Tomato	Solanum lycopersicum	Tomato	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Tobacco plant	Nicotiana tabacum	Vaihlo	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Maize	Zea mays	Vaimim	Local	Hilly terrain, Jhum land	Not measured	Abundant	Abundant
Cabbage	Brassica oleracea var. capitata	Zikhlum	Local	Hilly terrain, Jhum land	-do-	Insufficient	Insufficient
Chinese Onion	Allium chinense	Zo purun	Local	Hilly terrain, Jhum land	-do-	Abundant	Abundant

	9	10	11	12	13	14
Special Features	Cropping Season	Uses	Associated TK	Other Details	Source of Seeds /Plants	Community Knowledge Holder
Rhizome is used as condiment	Mar-April	Edible	Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	-	Local	Mizo
Leaves and stems as vegetable	Mar-April	Edible	Flowers are chewed to relieve toothache and affections of the gum and throat	-	Local	Mizo
Young leaves are eaten as vegetables	Mar-April	Edible	Seeds and oil are used in medicine	-	Local	Mizo
Leaves are eaten as vegetables, curry	Mar-April	Edible	Leaves are used as diuretic, sedative, refrigerant	-	Local	Mizo
Tuber is anthelmintic	Mar-April	Edible	Tubers and bubils are used as vegetable, tuber is used in treating cancer, piles, and gonorrhoea	-	Local	Mizo
Leaves used as flavouring dishes	Mar-April	Edible	Leaves are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled and the water is drunk for malarial fever, diabetes, pneumonia, and constipation	-	Local	Mizo
Spadix is eaten cooked as vegetable	Mar-April	Edible	-	-	Local	Mizo
Corm, stem and young leaves are eaten as vegetables	Mar-April	Edible	Acrid juice is applied to wounds and bee sting. Whole plant is used for pig feed	-	Local	Mizo
Unripe fruit as vegetable	Mar-April	Edible	Root, leaves, fruits and seeds are used as medicine	-	Local	Mizo
Unripe fruit eaten as vegetable	Mar-April	Edible	Cut fruit soaked in water overnight (water) is used to control diabetes	-	Local	Mizo
Green immature pods are cooked and eaten as vegetables	Mar-April	Edible	Beans are also used for diarrhoea, dysentery, burns, diabetes, rheumatism, sciatica etc	-	Local	Mizo
Young leaves, pods and seeds as vegetable	Mar-April	Edible	Seed is useful to strengthen stomach and kills worm in the stomach	-	Local	Mizo
Tender leaves, pods as vegetable, yellow seeds as pulse	Mar-April	Edible	Leaves and seeds are medicinal, leaves as cattle fodder	-	Local	Mizo
Seeds are edible rich in protein, oils and minerals	August	Edible	Seeds are cooked, fermented and eaten as delicacies (called <i>Bekang</i> famous –traditional Mizo dish). Boiled water of seeds are given to pigs for fertility control	-	Local	Mizo
Young pods, seeds as vegetable	Mar-April	Edible	Juice of crushed leaves is used against diarrhoea, stomach-ache	-	Local	Mizo
Young pods as vegetable	Mar-April	Edible	The plant is a good fodder, green manuring and ground cover	-	Local	Mizo
Fruit and young leaves as vegetable	Mar-April	Edible	Fruits and leaves are considered antidote for snake bite	-	Local	Mizo
Seeds are eaten cooked as vegetable	July	Edible	-	-	Local	Mizo
Flower buds and leaves are eaten as vegetable	September	Edible	-	-	Local	Mizo
Grain is the staple food	April	Edible	Chipstraw is boiled and the water is used for kidney stone and urinary problems. Rice wash water is also used for diarrhoea, dysentery	-	Local	Mizo
Seeds as pulse and young leaves are eaten as vegetable	May	Edible	-	-	Local	Mizo
Young fruit and leaves are cooked or fried eaten as vegetable	Mar-April	Edible	Leaves and fruits are medicinal used to treat fever, jaundice, diabetes, dysentery, intestinal worms etc	-	Local	Mizo
-	Mar-April	Edible	Baked grains are pounded and eaten as curry	-	Local	Mizo

Leaves and flowers are used as	Mar-April	Edible	-	-	Local	Mizo
condiment	Mar-April	Edible	Grains are cooked and eaten	_	Local	Mizo
- Fruit is edible	Mar-April	Edible	Juice of the leaves and stem are used in high blood pressure. Fruits	-	Local	Mizo
	Mai-Apin	Edible	and seeds are also medicinal	-	Local	IVIIZO
-	Mar-April	Edible	Grains are cooked and eaten	-	Local	Mizo
Fruits are condiment and leaves as vegetable	Mar-April	Edible	Juice of the fruits is applied to burns, snake bite and centipede sting	-	Local	Mizo
Fruits are condiment and leaves as vegetable	Mar-April	Edible	Juice of the fruits is applied to burns, snake bite and centipede sting	-	Local	Mizo
Rhizome is cooked and eaten	Mar-April	Edible	Rhizome is used as curry and in medicine	-	Local	Mizo
Fruits, young shoot and roots are eaten as vegetable-	Mar-April	Edible	Leaves are used for fodder	-	Local	Mizo
Leaves are eaten as vegetables, curry	Mar-April	Edible	Leaves are used as diuretic, sedative, refrigerant	-	Local	Mizo
Leaves and flowers -are used for flavouring curry-	Mar-April	Edible	-	-	Local	Mizo
Flowers, fruit, you-ng leaves and stem are all eaten as v-egetables	Mar-April	Edible	Seeds are used to expel worms from the body	-	Local	Mizo
Fruits and tender leaves are eaten as vegetable	Mar-April	Edible	Juice of the fruit is a cure for cholera, diarrhoea, dysentery, fever, asthma, vomiting and kidney diseases. Infusion of leaves and fruit are used externally in snake bite	-	Local	Mizo
Fruit is cooked and eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Grains are eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Young fruit and flower eaten as vegetable	Mar-April	Edible	Roots, leaves and seeds are medicinal	-	Local	Mizo
Flower buds and leaves are eaten as vegetable	September	Edible	-	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
Leaves and flowers are eaten cooked as vegetable	Mar-April	Edible	Leaves are cooked with water and water is taken for hypertension, blood sugar etc	-	Local	Mizo
Leaves are eaten as vegetable	Mar-April	Edible	-	-	Local	Mizo
Leaves and flowers are used as condiment	Mar-April	Edible	-	-	Local	Mizo
Green- fruit are eaten as vegetable	Mar-April	Edible	Fruit is good for high blood pressure, skin problems and anti microbial	-	Local	Mizo
Rhizomes are used as spice and condiment, taken as cure for food poisoning	Mar-April	Edible	Tender leaves, young flowers are eaten cooked as vegetable, juice of the pounded rhizomes is given to women in case of insufficient supply of milk for their babies and also dropped into the ear when attacked by ticks.	-	Local	Mizo
	Mar-April	Edible	Corm and young leaf stalk and shoots are eaten cooked as veg.	-	Local	Mizo
Fruit is edible	Mar-April	Edible	-	-	Local	Mizo

-	Mar-April	Edible	Leaves are pounded, dried and used for making cigarette	-	Local	Mizo
Grains are eate-n cooked, roasted,	Mar-April	Edible	Grains and leaves are used to feed poultry, pigs and cows. Decoction	-	Local	Mizo
fried-			of the grain is used as hip bath for piles, lessen pain			
-	June	Edible	Leaves and head are eaten cooked as vegetable	-	Local	Mizo
Fresh bulb and leaves as condiment	Mar-April	Edible	Bulbs are used for treating fever, hypertension, indigestion,	-	Local	Mizo
			pneumonia, common cold etc. Juice of bulb is applied to muscle			
			sprains, earache etc			

1	2	3	4	5	6	
Plant	Scientific name	Local name	Variety	Landscape/habitat	Local	status
					Past	Present
Herb	Musa acuminata	Balhla	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Citrullus lanatus	Dawnfawh	Local	Hilly Terrain	Abundant	Abundant
Climber	Hylocereus costaricensis	Dragon fruit	Local	Hilly Terrain	Insufficient	Insufficient
Herb	Ananus comosus	Lakhuihthei	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Passiflora edulis	Sapthei	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Eleagnus latifolia	Sarzukpui	Local	Hilly Terrain	Insufficient	Insufficient
Climber	Eleagnus pyriformis	Sarzukte	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Citrus limon	Ser (fang)	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Citrus medica	Serpui	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	Citurs reticulata	Serthlum	Local	Hilly Terrain	Abundant	Abundant
Climber	Haematocarpus validus	Theichhungsen	Local	Hilly Terrain	Insufficient	Insufficient
Tree	Carica papaya	Thingfanghma	Local	Hilly Terrain	Insufficient	Insufficient
Shrub	-	Zammir	Local	Hilly Terrain	Insufficient	Insufficient

7	8	9	10	11	12
Source of	Season of	Associated TK	Uses	Other details	Community
seeds/plants	fruiting			Market/	Knowledge
				Own use	holder
Locally available	Mar-Dec	-	Fruit is edible	Market/own use	Mizo
Locally available	Mar-Sept	Fruit purifies blood, cures biliousness, sore		Own use	Mizo
-	-	eyes, scabies, itching, seeds are tonic to the brain			
Introduced	July-Sept	-	Fruit is edible	Market/own use	Mizo
Locally available	October	-	Fruit is edible	Market/own use	Mizo
Locally available	April	Ripe fruit is used for jaundice and liver problems	Leaves are used as vegetable	Market/own use	Mizo
Locally available	April	Decoction of root is medicinal	Wood is used as a good fuel	Own use	Mizo
Locally available	October	Decoction of root and boiled leaves is medicinal	Fruit is edible	Own use	Mizo
Locally available	October	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Market/own use	Mizo
Locally available	October	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Market/own use	Mizo
Locally available	September	Fruit is a rich source of vitamin C, eaten by man	Water of boiled leaves used for bathing in fever	Market/own use	Mizo
Locally available	October	-	Fruit is edible	Market/own use	Mizo
Locally available	Jan – August	Ripe fruit is good for digestion. Decoction of unripe		Market/own use	Mizo
		fruit is used to cure jaundice, diabetes etc. juice of			
		boiled leaves is used to treat various type of cancer and			
		stomach problems			
Locally available	September	-	Fruit is edible	Market/own use	Mizo

Format 3 : Fodder crop

1	2	3	4	5		
Plant	Scientific name	Local name	Landscape/habitat Loca		al status	
				Past	Present	
Herb	Brassica rapa	Antam	Jhum field	Abundant	Abundant	
Herb	Colocasia esculenta	Bal	Jhum field	Abundant	Abundant	
Grass	Oryza sativa	Buh	Jhum field	Abundant	Abundant	
Herb	Musa sp.	Changel	Hilly terrain, fallow land	Abundant	Abundant	
Herb	Colocasia esculenta	Dawl/Bal	Cultivated and fallow land	Abundant	Abundant	
BroomGrass	Thysanolaena latifolia	Hmunphiah	Cultivated and fallow land	Abundant	Abundant	
Mile-a minute	Mikania micrantha	Japanhlo	Hilly terrain, fallow land	Abundant	Abundant	
Climber	Ipomoea batatas	Kawlbahra	Cultivated land	Abundant	Abundant	
Tree	Artocarpus heterophyllus	Lamkhuang	Hilly terrain, Forest	Insufficient	Insufficient	
Grass	Saccharum longisetosum	Luang	Cultivated and fallow land	Abundant	Abundant	
Herb	Polygonum chinense	Taham	Hilly terrain, fallow land	Abundant	Abundant	
Maize	Zea mays	Vaimim	Cultivated land	Abundant	Abundant	

6	7	8	9	10
Source of	Associated TK	Part Used	Other details	Community/
seeds/plants				Knowledge holder
Wild /Local	Leaves are used for pig feed	Leaves	-	Mizo
Wild /Local	Corm, leaves and stem are used for pig feed	Corm, leaves, stem	-	Mizo
Wild /Local	Grains are cooked and used for pig feed	Grains	-	Mizo
Wild /Local	Stem is used for pig feed. Leaves are used for serving food when feast is prepared	Stem	-	Mizo
Wild /Local	Whole plant is used for pig feed and corm is eaten by wild boar etc. Corm, stem and young leaves are eaten as vegetables. Juice of corm and leaves are medicinal	Whole plant	-	Mizo
Wild /Local	Flower panicles are used for making brooms, leaves are for cattle fodder	Panicles & Leaves	-	Mizo
Wild /Local	Juice of crushed leaves used for fever, stomachache, diarrhoea, dysentery, fresh cuts.	Leaves	-	Mizo
Wild /Local	Cooked leaves are used against diarrhoea, dysentery, stomach problems, diabetes etc	Leaves	-	Mizo
Wild /Local	-		-	Mizo
Wild /Local	Young leaves are good for cattle fodder	Leaves	-	Mizo
Wild /Local	Leaves used as pig fed	Leaves	-	Mizo
Wild /Local	Grains are eaten as vegetables. Used for feeding poultry and pigs	Grains & Leaves	-	Mizo

1	2	3	4	5	6
Plant	Scientific name	Local name	Affected Crop	Impact	Landscape/habitat
Herb	Acmella paniculata	Ankasate	All the jhum crops	Growth is effecte, which leads	Hilly terrain, cultivated and
	-			to decrease in crop production	fallow land.
Climber	Cyclanthera pedata	Ar-a fanghma	-do-	-do-	-do-
Herb	Solanum viarum	Athlo hling	-do-	-do-	-do-
Shrub	Ageratina adenophora	Bihar Hlo	-do-	-do-	-do-
Herb	Vernonia cinerea	Buar	-do-	-do-	-do-
Erect herb	Conyza stricta	Buarthar rang	-do-	-do-	-do-
Herb	Crassocephalum crepidioides	Buarthau	-do-	-do-	-do-
Herb	Blumea lanceolaria	Buarze	-do-	-do-	-do-
Herb	Stellaria media	Changkalrit	-do-	-do-	-do-
Herb	-	Changkawr	-do-	-do-	-do-
Herb	Lobelia nummularia	Choak-a-thi	-do-	-do-	-do-
Herb	Asystasiella neesiana	Dai hlo	-do-	-do-	-do-
Herb	Commelina benghalensis	Dawng	-do-	-do-	-do-
Grass	Imperata cylindrical	Di	-do-	-do-	-do-
Shrub	Mimosa pudica	Hlonuar	-do-	-do-	-do-
Erect shrub	Inula cappa	Hmeithai sarawh tul	-do-	-do-	-do-
Herb	Hypoestes phyllostachya	Hnahde	-do-	-do-	-do-
Herb	-	Hnimthei	-do-	-do-	-do-
Herb	-	Hrakawng	-do-	-do-	-do-
Climber	Dysolobium grande	Hruichun	-do-	-do-	-do-
Climber	Mucuna bracteata	Hruiduk	-do-	-do-	-do-
Climber	Mikania micrantha	Japanhlo	-do-	-do-	-do-
-	-	Kaihphihrit	-do-	-do-	-do-
Fern	Dryopteris sp.	Katchat	-do-	-do-	-do-
Climber	Hedyotis capitellata	Kelhnamtur	-do-	-do-	-do-
-	-	Kelsih Hlo	-do-	-do-	-do-
Climbing shrub	Pericampylus glaucus	Khauchhim	-do-	-do-	-do-
-	-	Kutthak	-do-	-do-	-do-
Herb	Centella asiatica	Lambak	-do-	-do-	-do-
Herb	Saccharum longisetosum	Luang	-do-	-do-	-do-
-	-	Mauhnuai hlo	-do-	-do-	-do-
Herb	Phyllanthus urinaria	Mitthi sunhlu	-do-	-do-	-do-
-	-	Pawih chek hlo	-do-	-do-	-do-
Grass	Cynodon dactylon	Phaitualhlo	-do-	-do-	-do-
Grass	Chrysopogon aciculatus	Phaitualhnim	-do-	-do-	-do-
Climber	Byttneria pilosa	Sazuk nghawnghlap	-do-	-do-	-do-
Under shrub	Urena lobeta	Se hnap	-do-	-do-	-do-

Under shrub	Triumfetta pilosa	Se meibawm	-do-	-do-	-do-
Shrub	Rubus birmanicus	Siali nu chhu	-do-	-do-	-do-
Herb	Cheilocostus speciosus	Sumbul	-do-	-do-	-do-
Shrub	Persicaria chinensis	Taham	-do-	-do-	-do-
-	-	Tangzang	-do-	-do-	-do-
-	-	Tawnhniang	-do-	-do-	-do-
Grass	Eulalia trispicata	Thang	-do-	-do-	-do-
Herb	Lindernia ruellioides	Thasuih	-do-	-do-	-do-
Climber	Merremia vitifolia	Thiannu	-do-	-do-	-do-
Climber	Merremia umbellata	Thianpa	-do-	-do-	-do-
Herb	Carex baccans	Thip	-do-	-do-	-do-
Shrub	Chromolaena odorata	Tlangsam	-do-	-do-	-do-
Herb	Houttuynia cordata	Uithinthang	-do-	-do-	-do-
Herb	Mollugo stricta	Vahmima bung	-do-	-do-	-do-
Herb	Ageratum houstonianum	Vailenhlo	-do-	-do-	-do-
Herb	Ageratum conyzoides	Vailenhlo	-do-	-do-	-do-
Herb	Lepidagathis incurva	Vangvat hlo	-do-	-do-	-do-
Herb	Bidens pilosa	Vawkpuithal	-do-	-do-	-do-
Herb	Croton caudatus	Vawkze	-do-	-do-	-do-
Herb	Cyanotis cristata	Vawmkur	-do-	-do-	-do-
Herb	Hibiscus surattensis	Zawng anthur	-do-	-do-	-do-

7	1	8	9	10	11	12
Local Status		Uses if any	Management options	Associated	Other	Community/
Past	Present			ТК	details	Knowledge holder
Abundant	Abundant	Some weeds have medicinal properties	Weeding is done by using	-	-	Mizo
Abundant	Abundant	and were used for treating fresh cuts, and	hands/knives. Herbicides or any other	-	-	Mizo
Abundant	Abundant	certain illness. While other weeds like	chemicals were not used for	-	-	Mizo
Abundant	Abundant	<i>Imperata cylindrical, Mikania micrantha</i> etc are used for pig feed and cattle fodder.	mangaging weeds.	-	-	Mizo
Abundant	Abundant	the are used for pig feed and cattle folder.		-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
Abundant	Abundant			-	-	Mizo
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Abundant	Abundant		-	-	Mizo
Abundant	Abundant		-	-	Mizo

Format 5 : Pests of Crops -

1	2	3	4	5	6
Plant	Insect/Animal	Scientific Name	Local Name	Habitat	Time/Season of attack
Jhum crops	Worm	-	Balung	Jhum field	Whole year
Jhum crops	Animal	Rhizomys sumatrensis	Bui	Jhum field	Apr-Aug
Maize	Insect pest	Spodoptera frugiperda	Fall army worm	Jhum field	Apr – May
Jhum crops	Insect	<i>Caelifera</i> sp.	Khau	Jhum field	Mar – May
Brinjal/Bitter tomato	Insect	Epicauta hirticornis	Kutdurh	Jhum field	July – Aug
Jhum crops	Reptile	Eutropis carinata	Laitel	Jhum field	Mar - Apr
Jhum crops	Bird	Streptopelia orientalis	Mimsirikut	Jhum field	Mar – May
Rice	Bird	Lonchura sp	Pit	Jhum field	Oct – Nov
Rice	Bird	Gallus gallus	Ram-Ar	Jhum field	March - April
Jhum crops	Insect	Trichogomphus martabani	Rawmung	Jhum field	Apr-Aug
Pumpkin, Taro	Animal	Atherurus macrourus	Sakuh/Kuhsi	Jhum field	Oct – Nov
Rice	Animal	Sus scrofa	Sanghal	Jhum field	Oct – Nov
Pumpkin	Animal	Melursus ursinus	Savawm	Jhum field	Oct – Nov
Rice	Animal	Rattus rattus	Sazu	Jhum field	Oct – Nov
Maize	Animal	Tamiops macclellandi	Thehlei	Jhum field	July – Aug
Orange	Insect	Eusthenes sp.	Thlangdar	Forest	June-September
Fruits & Vegetables	Bird	Pycnonotus cafer	Tlaiberh	Forest & Jhum field	When the crop is cultivated
Jhum crops	Bird	Psittacula sp.	Vaki	Jhum field	Mar – May
Rice	Bird	Carpodacus erythrinus	Vasuih	Jhum field	Oct – Nov

7	8	9	10
Management Mechanism	Associated TK	Other Details	Community/
			Knowledge holder
	-	-	Mizo
Mostly, the local communities do not used insecticides or pesticides to control pest attacking crops. They	-	-	Mizo
do not follow any specific mechanisms to manage these pests. However, they control pests with their own	-	-	Mizo
skills and knowledge. While recent outbreak of fall armyworm attacking maize in the jhum fields have	-	-	Mizo
caused a serious damage to the crops and some farmers used insecticides like Emamectin benzoate 5%	-	-	Mizo
SG to control such pests . Red Soap (Bangla Sahbawn sen) is diluted with water and is sprayed or	-	-	Mizo
dropped to the worms or crop affected by fall army worm	-	-	Mizo
		-	Mizo
	-	-	Mizo

Format 6 : Market for domesticated animals

1	2	3	4	5	6	7	8	9
Name of the Market & location	Weekly (D)/ Fortnightly (D)/ Monthly (D)/ Biannual (M)/ Annual (M) (1)	Types of Animals bought & sold (2)	Types and No. of animals transacted in a day	Places from which animals are bought	Places to which animals are sold/ transported	Name & location of fish market	Types of fish sold	Source of fish
Roadside Market, Tarpho, Field No-1	Monthly	Domestic	Not recorded	Within the village	Within the village	NIL	NIL	NIL

Format 7 : Peoplescape

1	2	3	4	5	6
Community	Families &	Sub-	Depending	Major resources accessed and seasons of access	Landscape Management Practices
&	Major	occupation	Landscape		
Population	Occupation				
Mizo, 480	60 families & Farmer/ Cultivator		Forest	Forest products including timber, firewood, raw materials for constructions and furniture, wild vegetables and medicinal plants etc are the major resources obtained and season of access may vary from their availability.	-

7	8	9	10	11
Resource Management Practices	Cast/	Social	Nature of inhabitants	No of Households
	Tribe	Condition		
There is no specific mechanism followed for	Mizo	Lower &	Assam type, Pucca Assam type and RCC	100
the resource management.		Middle	Building	
		class		

Format 8 : Landscape

	1		2	3	4	5	6
Major Landscapes		Sub-land	b-land Features Owners		General Flora	General Fauna	
Agri.	Pond	Fallow	scape	and approx.	_		
Land		Land		area			
9	1 hac.	4 Sq.		Hill	Mizo	Acmella paniculata, Ageratina adenophora	Arctogalidia trivirgata, Trachypithecus
sq.kms		Km		Slope/Hilly	(Local	Alseodaphne petiolaris, Ananus comosus	pileatus, Aonyx cinerea, Nyctiebus bengalensis
				Terrain	Commu	Bauhinia variegata , Bidens pilosa, Brassica rapa	Stump-tailed Macaque , Macaca fascicularis
					-nity)	Cajanus cajan, Callophyllum polyanthum, Citrus limon	Callosciurus pygerythrus, Catopuma temmincki
						Colocasia esculenta, Commelina benghalensis, Croton	Neofelis nebulosa, Trachypithecus pileatus
						tiglium,Drimycarpus racemosus,Dryopteris sp.	Trachypithecus phayrei, Arctonyx collaris
						Engelhardtia spicata ,Erythrina variegate,Fragaria	Helarctos malayanus, Leopoldamis edwardsi
						ananassa,Haematocarpus validus,Hibiscus cannabinus	Petaurista petaurista, Arctictis binturong
						Imperata cylindrical,Inula cappa ,Ipomoea batatas	Berylmys mackenziei, Ptyas korros,
						Juglans regia,Lablab pupureus,Leucosceptrum canum	Coelognathus radiatus, Rhabdophis
						Lithocarpus obscurus,Magnolia oblonga ,Mallotus	subminiatus, Oreocryptophis porphyraceus
						paniculatus,Mangifera indica,Mangifera sylvatica	Dendrelaphis cyanochloris, Ovophis monticola
						Mikania micrantha,Mucuna bracteata,Musa acuminata	Trimeresurus erythrurus/ albolabris,
						Nyssa javanica,Pachylarnax pleiocarpa,Phaseolus	Ophiophagus Hannah, Boiga cyanea,
						vulgaris,Phoebe lanceolata,Psophocarpus	Xenochropis piscator, Python bivittatus, Boiga
						tetragonolobus,Saccharum longisetosum,Sapium	ochracea, Ptyas mucosa, Argyrophis diardii
						eugeniaefolium ,Schima khasiana,Schima wallichii	Melanochelys tricarinata, Kaloula assamensis
						Solanum viarum,Sterculia villosa,Syzygium claviflorum	Chiromantus vittatus, Hyla annectans,
						Syzygium cumini ,Terminalia myriocarpa,Tetrameles	Occidozyga sp, Euphlyctis cyanophlyctis
						nudiflora,Thysanolaena latifolia,Trema orientalis	Hoplobatrachus crassus, Bufo stomaticus etc
						Vernonia cinerea,Vigna unguiculata,Vitis vinifera	etc
						Wedlandia bundleioides, Zea mays etc etc	

7	8	9	10	11	12
User	Management Practices	General Uses	Associated	Other	Community
Groups			ТК	details	accessed
Local	No specific management practice followed by the community or	For cultivation of agricultural crops	-	-	Mizo
people	BMC. Members of the village councils have followed and practice				
(Mizo)	land management systems adopted by them with their own skills and				
	knowledge. Most of the land were owned and managed by the land				
	owner himself.				

Format 9 : Waterscape

1	2	3	4	5	6
Waterscape Element type	Sub-type	Features and	Ownership	General Flora	General fauna
		approx. area			
Tuichang	Hnahhri	Not measured	Mizo,	-	Prawn, Crab and indigenous fishes like
Tuiphai	Khuailui		Local community		Garra sp (Nghalim), Neolissochilus sp
					(Nghahrah), Garra lissorhynchus
					(Nghazawngek), Macrognathus sp.
					(Nghalerh), Barilius barila (Lengphar),
					Devario devario (Nghadawl), Anguilla
					bengalensis (Ngharul), Botia sp
					(Nghasanghal).Nghatun, Dawntial,
					Nghameidum, Thaichhawni Nu, Sumsi,
					Satel, Nghakhing, Nghavawk,
					Nghafunglawr, Sarba, Hmursawp

7	8 9		10	11	12	13	
Major Uses	User Groups	Management Practices	General Uses	Associated TK	Other details	Community accessed	
Domestic uses like Local people cooking, washing etc.		No specific management were practiced but the Village council and YMA and NGOs in the community preserved and protected their	Domestic uses	-	-	Local Community	
		water sources (rivers) with their own skills and knowledge					

1	2	3	4
Soil Type	Color & Texture	Features	Soil Management
Red soil and sandy	-	-	Soil fertility is maintained and preserved by practicing terrace system for cultivation of agricultural
loamy soil			crops. Contour trenching has been practiced by some locals. The community does not practice any
			other systematic mechanism for the management of soils. Usually they practice using pig/cow dung
			and chicken manure as fertilizers for their crops. Soils are highly fertile and any kind of jhum crops
			can be cultivated and thrives very well in this kind of soils.

5	6	7	8
Plants/Crop Suitable	Flora and Fauna	Associated TK	Other
			Information
Nearly all kinds of	Flora: Acmella paniculata, Ageratina adenophora, Alseodaphne petiolaris, Ananus comosus		
agricultural crops and jhum	Bauhinia variegata, Bidens pilosa, Brassica rapa, Cajanus cajan, Callophyllum polyanthum, Citrus		
crops are cultivated.	limon, Colocasia esculenta, Commelina benghalensis, Croton tiglium, Drimycarpus racemosus,		
	Dryopteris sp.Engelhardtia spicata ,Erythrina variegate,Fragaria ananassa,Haematocarpus		
	validus, Hibiscus cannabinus, Imperata cylindrical, Inula cappa , Ipomoea batatas, Juglans regia,		
	Lablab pupureus, Leucosceptrum canum, Lithocarpus obscurus, Magnolia oblonga , Mallotus		
	paniculatus, Mangifera indica, Mangifera sylvatica, Mikania micrantha, Mucuna bracteata, Musa		
	acuminate, Nyssa javanica, Pachylarnax pleiocarpa, Phaseolus vulgaris, Phoebe lanceolata,		
	Psophocarpus tetragonolobus, Saccharum longisetosum, Sapium eugeniaefolium , Schima khasiana,	-	-
	Schima wallichii, Solanum viarum, Sterculia villosa, Syzygium claviflorum, Syzygium cumini ,		
	Terminalia myriocarpa, Tetrameles nudiflora, Thysanolaena latifolia, Trema orientalis, Vernonia		
	cinerea, Vigna unguiculata, Vitis vinifera, Wedlandia bundleioides, Zea mays etc etc		
	Fauna: Arctogalidia trivirgata, Trachypithecus pileatus, Aonyx cinerea, Nyctiebus bengalensis		
	Stump-tailed Macaque , Macaca fascicularis, Callosciurus pygerythrus, Catopuma temmincki		
	Neofelis nebulosa, Trachypithecus pileatus, Trachypithecus phayrei, Arctonyx collaris, Helarctos		
	malayanus, Leopoldamis edwardsi, Petaurista petaurista, Arctictis binturong, Berylmys mackenziei,		
	Ptyas korros, Coelognathus radiatus, Rhabdophis subminiatus, Oreocryptophis porphyraceus		
	Dendrelaphis cyanochloris, Ovophis monticola, Trimeresurus erythrurus/ albolabris, Ophiophagus		
	Hannah, Boiga cyanea, Xenochropis piscator, Python bivittatus, Boiga ochracea, Ptyas mucosa,		
	Argyrophis diardii, Melanochelys tricarinata, Kaloula assamensis, Chiromantus vittatus, Hyla		
	annectans, Occidozyga sp, Euphlyctis cyanophlyctis, Hoplobatrachus crassus, Bufo stomaticus etc		

DOMESTICATED BIODIVERSITY

Format 11 : Fruit Trees

1	2	3	4	5		6	7
Plant	Local name	Scientific name	Variety	Landscape	Local	Status	Source of
type				Habitat	Past	Present	Plants/Seeds
Tree	Protium serratum	Bil	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Persea Americana	Butter thei	Introduced	Hilly Terrain	Insufficient	Insufficient	Introduced
Tree	Syzigium claviflorum	Hmuifarial	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Prunus domestica	Japan theite	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Psidium guajava	Kawlthei	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Rhus chinensis	Khawmhma	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Artocarpus heterophyllus	Lamkhuang	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Baccaurea ramiflora	Pangkai	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Melia dubia	Sakhithei	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Citrus limon	Ser (fang)	Local	Hilly Terrain	Insufficient	Abundant	Locally available
Tree	Citrus medica	Serpui	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Citurs reticulate	Serthlum	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Phyllanthus emblica	Sunhlu	Local	Hilly Terrain	Abundant	Abundant	Locally available
Tree	Laurocerasus undulata	Theiarlung	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Mangifera indica	Theihai	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Bruinsmia polysperma	Theipalingkawh	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Ficus semicordata	Theipui	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Carallia brachiata	Theiria	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Artocarpus lacucha	Theitat	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Prunus persica	Theitehmul	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Carica papaya	Thingfanghma	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Garunga floribunda	Tuairam	Local	Hilly Terrain	Insufficient	Insufficient	Locally available
Tree	Parkia timoriana	Zawngtah	Local	Hilly Terrain	Abundant	Abundant	Locally available

8	9	10	11	12
Season of Fruiting	Uses (Usage)	Associated TK	Other details	Community/ Knowledge Holder
Apr – Jun	Fruit is edible. Wood is used for furniture, gunstock etc		Own use/Market	Mizo
Oct-Feb	Leaves flowers fruits and seeds are used in medicine	Infusion of pounded leaves is useful for stomach ulcer	Own use/Market	Mizo
May-Jun	Leaves are lopped for cattle fodder	Wood is used for firewood	Own use/Market	Mizo
May-Jul	Fruit is edible	Fruit is laxative and refrigerant	Own use/Market	Mizo
Sept-Nov	Bark & young leaves are used against diarrhoea, dysentery. Richest natural source of vitamin C	Juice of pounded bark, leaves & ripe fruits are applied to carbuncle. Bark paste is applied to toothache.	Own use/Market	Mizo
Dec-Jan	Decoction of fruit used for colic, diarrhoea, dysentery	Wood used for fence posts & gun powder	Own use/Market	Mizo
Jun-Aug	Decoction of root used in fever, asthma, leaves used in fever, skin diseases, wounds, boils etc	Young fruits and seeds used as vegetable	Own use/Market	Mizo
June-Aug	Bark is used for constipatioan and leaves for toothache	-	Own use/Market	Mizo
Nov- Jan	Wood used for planking, ceilings, pencils, match boxes, plyboard, building purposes, fence post etc	-	Own use/Market	Mizo
Jun-Sep	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Own use/Market	Mizo
Jun-Sep	Fruits edible, rich source of vitamin C	Roots are used in colic, vomiting etc	Own use/Market	Mizo
Oct-Feb	Fruit is a rich source of vitamin C, eaten by man	Water of boiled leaves used for bathing in fever	Own use/Market	Mizo
Whole year	Fruit which is very rich in vitamin C.	Bark is used for poisoning fish. Juice of the crushed bark is used for lung diseases, tarantula bite, dysentery and diarrhoea. Bark is boiled and water is used for washing rash or sores. Pounded fruits are soaked in water and are taken for expelling the retained placenta. Fruits are boiled in water and drunk for diabetes.	Own use/Market	Mizo
Aug-Sept	Fruit is edible, leaves are lopped for cattle fodder	Decoction of the bark/leaves is drunk for heart diseases.	Own use/Market	Mizo
May-Aug	Wood is used fir furniture, boat building, planking, tea boxes, pcking cases etc. Fruits is eadible and used for making pickles.	Decoction of young leaves used in diabetes, diarrhoea, ash of dried leaves is also taken to stop hiccough.	Own use/Market	Mizo
Dec-Feb	Fruits are edible	Juice of fruits and leaves are applied on sharp pain caused bu nettles or by poisonous hairs of caterpillars	Own use/Market	Mizo
Throughout the year	Bark fibre is used for making ropes. Fruits are edible. Leaves are used for cattle fodder and polishing wood	Young fruits are pounded with tender shoots of <i>Acacia pennata</i> and eaten.white latex is applied on boils. Roots, bark and fruits are used in medicine	Own use/Market	Mizo
Dec – Mar	Fruit is edible. Leaves are lopped for cattle fodder	Bark and leaves are used in septic poisoning and itch.	Own use/Market	Mizo
May-July	Fruit is edible, wood is used for firewood.	-	Own use/Market	Mizo
Oct – Dec	Fruit is edible and leaves are lopped for cattle fodder	-	Own use/Market	Mizo
Whole year	Ripe fruit is good for digestion.	Decoction of unripe fruit is used to cure jaundice, diabetes etc. juice of boiled leaves is used to treat various type of cancer and stomach problems	Own use/Market	Mizo
Aug- Nov	Fruit is edible	-	Own use/Market	Mizo
Nov-Feb	Unmatured pods and tender leaves are eaten as vegetable.	Young leaves and seeds are useful against food allergy, colic, diarrhoea and dysentery. Bark and fruits are	Own use/Market	Mizo

prescribed to check excessive bleeding during	
menstruation. Juice of the green rind of the pod is applied	
to fresh cuts, scabiea and itching.	

Format 12 : Medicinal Plants

1	2	3	4	5	6
Plant type	Local Name	Scientific Name	Variety	Landscape/habitat	Source of Plant/Seeds
Herb	Aieng	Curcuma longa	Local	Cultivated	Tuber
Herb	Ailaidum	Curcuma caesia	Local	Cultivated	Tuber
Herb	Anchiri	Homalomena aromaticum	Local	Wild	Seeds
Herb	Anhling	Solanum nigrum	Local	Wild/Cultivated	Seeds
Climber	Ar-a fanghma	Cyclanthera pedata	Local	Wild	Seeds
Tree	Archangkawm	Oroxylum indicum	Local	Wild	Seeds
Fern	Awmvel	Platycerium wallichii	Local	Wild	Seeds
Climber	Bachhim	Dioscorea alata	Local	Wild	Seeds
Herb	Bahkhawr	Eryngium foetidum	Local	Wild/cultivated	Seeds
Herb	Bakkhate	Glinus oppositifolius	Local	Wild/cultivated	Seeds
Sub-shrub	Buarze	Blumea lanceolaria	Local	Wild	Seeds/Plantlet
Shrub	Builukham Pa/Nu	Osbeckia crinita/chinensis	Local	Wild	Seeds
Shrub	Chawng	Euphorbia royleana	Local	Wild	Seeds
Tree	Chhawntual	Aporosa octandra	Local	Wild	Seeds
Herb	Choak-a thi	Lobelia angulata	Local	Wild	Seeds
Grass	Fu	Saccharum officinarum	Local	Cultivated	Seeds
Climber	Hlozak/Hlonuar	Mimosa pudica	Local	Wild	Plantlet
Tree	Hnahkiah	Callicarpa arborea	Local	Wild	Plantlet/seeds
Climber	Japanhlo	Mikania micrantha	Local	Wild	Seeds
Tree	Kaihzawl	Dillenia pentagyna	Local	Wild	Seeds
Tree	Kawhtebel	Trevesia palmata	Local	Cultivated	Seeds
Shrub	Kawldai	Justicia adhatoda	Local	Wild	Seeds
Climber	Kelhnamtur	Hedyotis scandens	Local	Wild	Seeds
Herb	Khatual	Picria felterrae	Local	Wild	Seeds
Tree	Khawmhma	Rhus chinensis	Local	Wild/cultivated	Seeds
Herb	Lambak	Centella asiatica	Local	Wild	Seeds
Climber	Maipawl	Benincasa hispida	Local	Cultivated	Seeds/Plantlet
Tree	Nauthak	Litsea monopetala	Local	Wild	Seeds
Tree	Neem	Azadirachta indica	Local	Cultivated	Seeds
Tree	Pasaltakaza	Helicia robusta	Local	Wild	Seeds/Plantlet
Shrub	Phuihnam	Clerodendrum colebrookianum	Local	Wild/Cultivated	Seeds/Plantlet
Shrub	Saisiak	Flueggea virosa	Local	Wild	Seeds
Climber	Sarzuk	Elaeagnus sp	Local	Wild/Cultivated	Seeds
Herb	Sawhthing	Zingiber officinale	Local	Cultivated	Tuber

Herb	Sekhupthur	Begonia sp.	Local	Wild	Seeds
Herb	Sumbul	Cheilocostus speciosus	Local	Wild	Seeds
Shrub	Tawkpui	Solanum torvum	Local	Wild/cultivated	Seeds/Plantlet
Shrub	Tawkte	Solanum anguivi	Local	Wild/cultivated	Seeds/Plantlet
Herb	Thasuih	Lindernia ruellioides	Local	Wild	Seeds
Tree	Theihai	Mangifera indica	Local	Cultivated	Seeds
Tree	Thingfanghma	Carica papaya	Local	Cultivated	Seeds
Tree	Thingsia	Castanopsis tribuloides	Local	Wild	Seeds
Tree	Thuamriat	Alstonia scholaris	Local	Wild	Seeds
Shrub	Tlangsam	Chromolaena odorata	Local	Wild	Seeds/Plantlet
Herb	Tumbu	Musa sp.	Local	Wild	Seeds
Herb	Uithinthang	Houttuynia cordata	Local	Wild	Seeds
Climber	Va ko	Thunbergia alata	Local	Wild	Seeds
Shrub	Vakep	Mussaenda roxburghii/Mussaenda glabra	Local	Wild	Seeds
Climber	Vawihuihhrui	Paederia foetidia	Local	Wild	Seeds
Tree	Zihnghal	Stereospermum tetragonum/chelonoides	Local	Wild	Seeds
Climber	Zuanghnuang	Byttneria grandifolia	Local	Wild	Seeds

,	7	8	9	10	11	12	
Local Past	Status Present	Uses (Usage)	Part Used	Associated TK	Other details market/ own use	Community/ Knowledge Holder	
Insufficient	Insufficient	Medicinal	Rhizome	Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	Own use	Mizo	
Insufficient	Insufficient	Medicinal	Rhizome	Rhizome is used for stomach ache, diarrhoea, dysentery, jaundice, asthma, measles, food allergy or food poisoning	Own use	Mizo	
Abundant	Abundant	Medicinal	Stalks, Rhizomes	Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	Own use	Mizo	
Abundant	Abundant	Medicinal	Leaves, berries	Leaves are boiled in water and taken against urinary problems and kidney stones. Juice of green berries is applied to boils, ringworm etc	Own use	Mizo	
Insufficient	Insufficient	Medicinal	Fruit	Fruit is rich in antioxidant and used in medicine	Own use	Mizo	
Insufficient	Insufficient	Medicinal	Leaves, fruit, bark	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Deccoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc	Own use	Mizo	
Abundant	Abundant	Medicinal	Leaves	Juice of leaves is applied to herpes eruptions	Own use	Mizo	
Insufficient	Insufficient	Medicinal	Tuber, Bulbil	Tubers and Bulbil are use as vegetable and also used to treat cancer	Own use	Mizo	
Abundant	Abundant	Medicinal	Leaves, roots	Leaves are used for flavouring curry. They are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled for treating malarial fever, diabetes, pneumonia, constipation	Own use	Mizo	
Insufficient	Insufficient	Medicinal	Leaves	Whole Plant is medicinal	Own use	Mizo	
Abundant	Abundant	Medicinal	Leaves	Decoction of leaves used in ulcer, asthma, sores, dandruff etc	Own use	Mizo	
Abundant	Abundant	Medicinal	Root & leaves	Decoction of roots is used in diarrhoea, dysentery, hepatitis etc, leaves for toothache	Own use	Mizo	
Abundant	Abundant	Medicinal	Shrub, milky juie	Pith of this shrub and unripe fruit of papaya are cooked with chicken and water is taken against diseases of liver, chronic fever. Milky juice is used externally for ringworm, rheumatism, sciatica, boils, warts etc	Own use	Mizo	
Abundant	Abundant	Medicinal	Bark, Leaves	Bark and leaves decoction used in stomach ulcer, diarrhoea and dysentery.	Own use	Mizo	
Abundant	Abundant	Medicinal	Leaves & Fruits	Juice of crushed leaves & fruits are used against diarrhoea, sore throat, stomach ulcer, tonsillitis and toothache	Own use	Mizo	
Insufficient	Insufficient	Medicinal	Stem juice	Juice of the stem is used as a remedy for jaundice, purifies blood, good for lungs, diuretic etc	Own use	Mizo	
Insufficient	Insufficient	Medicinal	Roots	Roots decoction used in piles and jaundice, diseases of liver and kidney etc	Own use	Mizo	
Abundant	Abundant	Medicinal	Bark & Leaves	Decoction of bark and leaves used for diabetes, cholera, internal bleeding, stomach ulcer etc. Leaves are used for fermenting cooked soya bean (<i>Bekang</i>), famous mizo dish.	Own use	Mizo	

Abundant	Abundant	Medicinal	Leaves	Leaf juice applied on fresh wounds, stomach pain & ulcer	Own use	Mizo
Insufficient	Insufficient	Medicinal	Bark, leaves	Decoction of bark, leaves is used for curing gastric trouble, asthma, dysentery, cancer etc	Own use	Mizo
Abundant	Abundant	Medicinal	Root, leaves	Roots and leaves are used to treat stomachache	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves	Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis, and juice of the crushed leaves is also applied to fresh cuts	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots & leaves	Decoction of roots/leaves is medicinal. The plant is also used as fish poison	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	Bitter leaves are used for making Sa-chek. Decoction of the plant is prescribed as a remedy for enlarged spleen, fever and stomachache.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves & fruits	Decoction of fruit & Leaves used in various diseases	Own use	Mizo
Insufficient	Insufficient	Medicinal	Whole plant	Plant is used in diabetes, jaundice, pile,dysentery,diarrhoea,hypertension etc	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit & Leaves	Juice of fruit is used for diarrhoea, cholera, diabetes, vomiting, kidney problems	Own use	Mizo
Abundant	Abundant	Medicinal	Root, bark, leaves	Muga silkworm feeds on the leaves. Roots, bark and leaves are used in medicine	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves	Boiled water of leaves is used to treat diabetes, hypertension, stomach problems etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Bark & Leaves	Decoction of Bark & leaves used in stomach ulcer, indigestion, womb troubles etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Leaf juice used in High blood pressure	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Decoction of leaves used in measles, chicken pox, scabies etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Roots & leaves	Decoction of roots and leaves is used for treating menstrual and urinary problems	Own use	Mizo
Abundant	Abundant	Medicinal	Rhizome	Rhizomes are used as spice and condiment, taken as a cure for food poisoning. Juice of pounded rhizome is is given to women in case of sufficient supply of milk for their children and also dropped into the ear when attacked by ticks.	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves, stem	Stem and leaves are eaten against diarrhoea and dysentery, juice of the sten or stalk is also applied to rash or sores etc		Mizo
Abundant	Abundant	Medicinal	Roots	Juice of crushed roots used in diseases of kidney, fever, jaundice, bronchitis etc	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	-do-	Own use	Mizo
Abundant	Abundant	Medicinal	Fruit	Unripe fruit are eaten as vegetable. Roots and fruit are used in high blood pressure, asthma, dysuria, fever, colic. Crushed fruit is used in burns, boils etc		Mizo
Abundant	Abundant	Medicinal	Whole plant	Whole plant is used as poultice for cramps, rheumatism, sciatica, wounds etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Young leaves are cooked and juice is eaten for food poisoning, diarrhoea, dysentery etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Leaves, fruit	Fruit is edible and used for constipation, stomach troubles, juice of boiled	Own use	Mizo

				leaves is used in treating stomach ulcer, cancer and other stomach related problems		
Abundant	Abundant	Medicinal	Bark, stem	Juice of bark and stem is used for infection, wounds and cuts etc	Own use	Mizo
Insufficient	Insufficient	Medicinal	Bark and juice	Bark is useful in treatment of high blood pressure, asthma, typhoid, malaria, diarrhoea, dysentery. Milky juice applied in fresh cuts, sores, ringworm, wart,etc	Own use	Mizo
Abundant	Abundant	Medicinal	Leaves	Juice of the leaves applied to fresh cuts Own		Mizo
Abundant	Abundant	Medicinal	Buds	Plaintain is cooked with water and water is drink for treating deficiency of white blood	Own use	Mizo
Abundant	Abundant	Medicinal	Whole plant	Whole plant is used in medicine, used for treating cancer, liver problemsOwn useetc		Mizo
Abundant	Abundant	Medicinal	Leaves	Decoction of leave used against diabetes, new cuts, stomach problem etc and also for treatment of cancer		
Abundant	Abundant	Medicinal	Bark, Levaes	Bark and leaves are useful in snake bites Own use		Mizo
Abundant	Abundant	Medicinal	Whole plant	The whole plant is regarded as a specific for rheumatic affection, in Owr which it is administered both internally and externally. Juice of crushed leaves is used in diarrhoea and dysentery. Stem and leaves are also chewed for relief in tooth-ache		Mizo
Abundant	Abundant	Medicinal	Leaves	Leaves are lopped for fodder. Bark and young leaves are used as remedy for fever, stomach pain etc	Own use	Mizo
Abundant	Abundant	Medicinal	Stem	Stem juice used for mouth sore, stomach ulcer etc	Own use	Mizo

1	2	3	4	5
Plant type	Local Name	Scientific Name	Variety	Source of Plants/Seeds
Herb	Ar-tukkhuan	Mirabilis jalapa	Local variety	Locally available
Succulent shrub	Hling lukhum	Euphornia milii	Introduced	Locally available
Shrub	Christmas par	Poinsettia pulcherrima	Introduced	Locally available
Herb	Chuailopar	Gomphrena globosa	Local variety	Locally available
Annual Herb	Derhken	Tagetes erecta	Local variety	Locally available
Perennial Herb	Dingdi	Asclepias curassavica	Local variety	Locally available
Evrgereen Tree	Far	Pinus sp.	Local variety	Locally available
Annual slender Herb	Hnahsinpar	Cosmos bipinnatus	Local variety	Locally available
Herb	Kumtluang	Catharanthus roseus	Local variety	Locally available
Shrub or small tree	Midum pangpar	Hibiscus rosa-sinensis	Local variety	Locally available
Thorny shrub	Saron par	Bougainvillea spectabilis	Local variety	Locally available
Annual herb	Zamzo	Celosia argentea	Local variety	Locally available
Glabrous shrub	Zan rimtui	Cestrum nocturnum	Local variety	Locally available
Deciduous shrub	Uaiting wayvet	Lagerstroemia indica	Local variety	Locally available
Shrub	Rose par	Rosa indica	Local variety	Locally available
Herb	Sappangpar	Zinnia sp	Local variety	Locally available
Perennial herb	Kungpuimuthi	Canna indica	Local variety	Locally available
Herb	Dahlia	Dahlia pinnata	Local variety	Locally available
Tree	April par	Delonix regia	Introduced	Locally available
Shrub	April parte	Caesalpina pulcherrima	Introduced	
Tree	Chawnpui	Lagerstroemia speciosa	Local variety	Locally available
Tree	Fartuah	Erythrina stricta	Local variety	Locally available
Herb	Geranium	Pelargonium sp	Introduced	Locally available
Herb	Iris	Iris germanica	Introduced	Locally available
Herb	Jasmine	Jasminum sp	Introduced	Locally available
Tree	Makpazangkang	Cassia javanica spp nodosa	Local variety	Locally available
Epiphyte	Nauban	Orchid	Local variety	Locally available
Herb	Nuaithang	Impatiens balsamina	Local variety	Locally available
Tree	Vaube	Bauhinia variegata	Local variety	Locally available

6	7	8	9	10
Commercial/Non	Uses	Associated TK	Other Details	Community/
commercial				Knowledge
				holder
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo
Non commercial	Ornamental purpose	-	-	Mizo

1	2	3	4		5	6	7		
Plant	Local Name	Scientific Name	Habitat	Local Status		Local Status		Wild/	Other uses
Туре				Past	Present	home- garden			
Tree	Anku	Celtis australis	Wild	Abundant	Abundant	Wild	Wood tough, used for building. Tool handles, firewood etc		
Tree	Batling	Wedlandia bundleioides	Wild	Abundant	Abundant	Wild	Wood is used for gunpowder, charcoal, firewood etc		
Tree	Belphuar	Trema orientalis	Wild	Abundant	Abundant	Wild	Wood is used for gunpowder, charcoal, firewood etc		
Tree	Bulthur	Nyssa javanica	Wild	Frequent	Frequent	Wild	Wood is grey, yellow, soft used for house building		
Tree	Bung	Ficus benghalensis	Wild	Frequent	Frequent	Wild	Wood used for fuelwood, well curbs etc		
Tree	Char	Terminalia myriocarpa	Wild	Frequent	Frequent	Wild	Wood used for furniture, house building, firewood etc		
Tree	Chawmzil	Ligustrum robustum	Wild	Abundant	Frequent	Wild	Wood used for firewood and charcoal etc		
Tree	Chhawntual	Aporosa octandra	Wild	Abundant	Frequent	Wild	Wood used for firewood and charcoal etc		
Tree	Fah	Lithocarpus dealbatus	Wild	Abundant	Frequent	Wild	Wood used for rice pestle, firewood and charcoal etc		
Tree	Fartuah	Erythrina variegata	Wild	Abundant	Abundant	Wild	Wood is used for drums, toys etc and bark fibre for cordage		
Tree	Haidai	Mangifera sylvatica	Wild	Frequent	Frequent	Wild	Wood used for cheap furniture, house building, frames etc		
Tree	Haivahmim	Mangifera indica	Wild	Abundant	Abundant	Wild	Wood used for cheap furniture, house building, frames etc		
Tree	Herhse	Mesua ferrea	Wild	Frequent	Frequent	Wild	Wood very hard used for bridges, railway sleepers, tool handles, firewood, rice pestle, charcoal etc		
Tree	Hmawng	Ficus sp	Wild	Frequent	Frequent	Wild	Wood used for fuel and charcoal etc		
Tree	Hmuifarial	Syzygium claviflorum	Wild	Abundant	Abundant	Wild	Wood is used for firewood, leaves are lopped for cattle fodder		
Tree	Hmuipui/Lenhmui	Syzygium cumini	Wild	Abundant	Abundant	Wild	Wood is moderately hard, used for plywood, furniture, tool handles, panels, posts and firewood etc		
Tree	Hnahkhar	Mallotus paniculatus	Wild	Abundant	Abundant	Wild	Wood used for firewood		
Tree	Hnahthap	Colona floribunda	Wild	Frequent	Frequent	Wild	Wood is used for making lockets of key chain and firewood		
Tree	Hnum	Engelhardtia spicata	Wild	Abundant	Abundant	Wild	Wood used for house construction, tea boxes, packing etc		
Tree	Kamsahulh	Croton tiglium	Wild	Frequent	Frequent	Wild	-		
Tree	Kawihthuang	Leucosceptrum canum	Wild	Abundant	Less frequent	Wild	Wood can be used as firewood		
Tree	Kharduap	Macaranga indica	Wild	Abundant	Frequent	Wild	Wood can be used for firewood etc		
Tree	Kharuan	Elaeocarpus lanceifolius	Wild	Abundant	Frequent	Wild	Wood used for house building, firewood and charcoal etc		
Tree	Khaupui	Sterculia villosa	Wild	Abundant	Abundant	Wild	Wood very soft is used for drums and paper pulp		
Tree	Khawitur	Hydnocarpus kudzii	Wild	Abundant	Frequent	Wild	Wood used for temporary building, firewood etc		
Tree	Khiang	Schima wallichii	Wild	Abundant	Abundant	Wild	Wood durable is used in planking, building, plywood, firewood		
Tree	Khuangthli	Bischofia javanica	Wild	Abundant	Abundant	Wild	Wood used for house building, furniture, firewood etc		
Tree	Kumkhal /Umkhal	Elaeocarpus tectorius	Wild	Abundant	Abundant	Wild	Wood used for firewood		
Tree	Lungkhup	Haldina cordifolia	Wild	Frequent	Frequent	Wild	Wood used for planking, house posts, door and window frames, shutters, furniture, plywood, firewood etc		
Tree	Muk	Cordia fragrantissima	Wild	Frequent	Frequent	Wild	Wood durable, used for gunstocks, posts and firewood etc		
Tree	Nauthak	Litsea monopetala	Wild	Abundant	Abundant	Wild	Wood soft not durable can be used for firewood		

Tree	Nganbawm	Acrocarpus fraxinifolius	Wild	Abundant	Abundant	Wild	Wood used for furniture, motor bodies, planking, flooring etc
Tree	Nghalchhun	Eriobotrya bengalensis	Wild	Abundant	Abundant	Wild	Wood used for firewood, charcoal etc
Tree	Ngiau	Magnolia oblonga	Wild	Frequent	Frequent	Wild	Wood hard and durable used in furniture, building, planking
Tree	Pang	Bombax insigne	Wild	Abundant	Abundant	Wild	Wood used for packing cases, matchboxes, splints
Tree	Pangkai	Baccaurea ramiflora	Wild	Abundant	Frequent	Wild	-
Tree	Phuanberh	Macropanax undulatus	Wild	Abundant	Abundant	Wild	Wood is soft and can be used for firewood
Tree	Phuanberhpui	Ailanthus integrifolia spp	Wild	Frequent	Frequent	Wild	Wood used for partition wall, plywood, packing cases etc
Tree	Rihnim	Ficus religiosa	Wild	Abundant	Frequent	Wild	Wood durable underwater, used for fuel and charcoal etc
Tree	Sahatah	Aglaia spectabilis	Wild	Frequent	Frequent	Wild	Wood hard used for furniture, building, doors and windows
Tree	Saithei	Gynocardia odorata	Wild	Frequent	Frequent	Wild	wood used for planking, posts and firewood
Tree	Saper	Lindera nacusua	Wild	Frequent	Frequent	Wild	Wood used for building construction
Tree	Sehawr	Castanopsis indica	Wild	Abundant	Abundant	Wild	Wood hard used for furniture, building, firewood etc
Tree	Sernam	Litsea cubeba	Wild	Frequent	Frequent	Wild	Wood used for gunpowder, charcoal, firewood etc
Tree	Sevuak	Olea dioica	Wild	Frequent	Frequent	Wild	Wood hard used for tool handles, firewood and charcoal
Tree	Sihneh	Eurya japonica	Wild	Abundant	Frequent	Wild	-
Tree	Siksil	Pterospermum acerifolium	Wild	Abundant	Frequent	Wild	Wood used for furniture, building, planking, motorbodies etc
Tree	Taitaw	Spondias pinnata	Wild	Abundant	Frequent	Wild	Wood used for drums, firewood etc
Tree	Tatkawng	Artocarpus chama	Wild	Abundant	Abundant	Wild	Wood durable used for building, furniture, plywood etc
Tree	Tei	Toona cilliata	Wild	Frequent	Frequent	Wild	wood usedfor furniture, house building, ceiling, floors etc
Tree	Thalteh	Kydia calycina/glabrescens	Wild	Abundant	Abundant	Wild	Wood soft suitable for plywood, packing cases etc
Tree	Theipalingkawh	Bruinsmia polysperma	Wild	Frequent	Frequent	Wild	Sawn timber used for house construction
Tree	Theipui	Ficus semicoradata	Wild	Abundant	Abundant	Wild	Wood used for mortars, firewood etc
Tree	Theisehret	Aphananthe cuspidata	Wild	Frequent	Frequent	Wild	Wood used for planking, firewood and charcoal
Tree	Thingdawl	Tetrameles nudiflora	Wild	Frequent	Frequent	Wild	Wood is used for flooring, walling, matches, plywood etc.
Tree	Thingdawn	Itea macrophylla	Wild	Abundant	Abundant	Wild	Wood used as fuel
Tree	Thingkha	Derris robusta	Wild	Abundant	Abundant	Wild	Wood used for house posts, firewood and charcoal
Tree	Thingkhawilu	Vitex peduncularis	Wild	Frequent	Frequent	Wild	Wood used for posts, firewood and charcoal etc
Tree	Thingpuithing	Lithocarpus elegans/obscurus	Wild	Abundant	Abundant	Wild	Wood used for firewood, building, charcoal etc
Tree	Thingsaphu	Dysoxylum mollissimum	Wild	Frequent	Frequent	Wild	Wood used for house building, furniture, boats etc
Tree	Thingsia	Castanopsis tribuloides	Wild	Abundant	Abundant	Wild	Wood used for house posts, firewood, charcoal etc
Tree	Thingtheihmu	Morus alba	Wild	Frequent	Frequent	Wild	Wood used for house construction, furniture, tool handles etc
Tree	Thingvawkpui	Balakata baccata	Wild	Abundant	Abundant	Wild	Wood used for plywood, packing cases, firewood etc
Tree	Thlanvawng	Gmelina arborea	Wild	Abundant	Abundant	Wild	Wood used for planking, furniture, house posts etc
Tree	Vaiza	Hibiscus macrophyllus	Wild	Abundant	Abundant	Wild	Wood soft but durable used for posts, rafters etc
Tree	Vang	Albizia chinensis	Wild	Frequent	Frequent	Wild	Wood used for making drum, firewood and charcoal etc
Tree	Vaube	Bauhinia variegata	Wild	Abundant	Abundant	Wild	Wood is used for tool handles, firewood, charcoal etc. leaves
1100				Toundant	Tourisuit	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	are a good fodder. Decoction of bark/leaves is used in
							menstrual disorders, piles, diabetes, diarrhoea and dysentery
Tree	Vawmbal	Drimycarpus racemosus	Wild	Abundant	Abundant	Wild	Wood is used for building, boats, firewood etc
Tree	Vawngdawl	-	Wild	Abundant	Abundant	Wild	-
Tree	Vawngthir	-	Wild	Abundant	Abundant	Wild	-
Tree	Vawngthla	Premna milleflora	Wild	Frequent	Rare	Wild	Wood durable used for house posts etc

Tree	Zaihri	Ficus virens	Wild	Frequent	Frequent	Wild	Wood moderately hard, used for firewood etc
Tree	Zairum	Anogeissus acuminata	Wild	Abundant	Abundant	Wild	Wood used for house posts, tool handles, fuel and charcoal etc
Tree	Zathu	Polyalthia jenkinsii	Wild	Frequent	Frequent	Wild	Wood is used for house posts, firewood etc
Tree	Zihnghal	Stereospermum chelonoides	Wild	Abundant	Abundant	Wild	Wood used for house construction, cabinet making, furniture
Tree	Zuang	Duabanga grandiflora	Wild	Abundant	Abundant	Wild	Wood used for building, plywood, firewood etc

8	9	10
Associated TK	Other details	Community/ knowledge holder
-	Leaves and fruits are used in medicine	Mizo
	Wood pole is used for fencing post.	Mizo
Bark yields a strong fibre and leaves are lopped for cattle fodder	It is a light demanding tree, fsat growing and short lived tree	Mizo
-	Fruit is eaten by birds and wild animals	Mizo
Bark and aerial roots are used for making coarse ropes	Leaves are good for cattle fodder	Mizo
-	Leaves are good for fodder, it is a fast growing tree	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Tender pods are edible, seeds edible roasted or boiling, bark and leaves are also used in medicine	It is a fast growing tree and cultivated as ornamental and hedge plant	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Bark, unripe fruit, flowers and seed oil are medicinal	Seed oil is used for burning, lubricating and soap making	Mizo
Leaves and twigs are lopped for cattle fodder	Bark, fruit and leaves are used in medicine	Mizo
-	Fruits are eaten by man, bears and birds	Mizo
Seed is very useful for treating diabetes and the bark for fever, jaundice, urinary problems, sore throat, ronchitis, asthma, ulcers and chronic dysentery etc	Fruits are eaten by man, birds and wild animals	Mizo
-	-	Mizo
-	-	Mizo
Bark is medicinal and also used for poisoning fish. Leaves are lopped for fodder	It is a light demander	Mizo
Fruits and leaves are used for poisoning fish.	Decoction of leaves are used for treating cancer	Mizo
-	-	Mizo
Different parts of the plant are used in various traditional medicine	-	Mizo
Bark is scraped with dao and the powder is used for stupefying bees (Khawivah)	Fruits are used for poisoning fish	Mizo
Seeds are eaten roasted or fried. Bark yields a strong fibre	Decoction of the bark is used in cholera, dysentery, diarrhoea and tonsilities	Mizo
-	-	Mizo
Powdered fruit is used in scorpion sting, bites of centipede, juice of the bark for chronic ulcer and fresh cuts. Leaves are lopped for fodder	Tender leaves are cooked eaten. It is moderate light demander and moderately fast growing tree	Mizo
Juice of young leaves is used for curing tonsillitis and sores	Bark, stem and leaves are also medicinal. Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Tender leaves are eaten cooked as vegetable, seed is chewed as a substitute for betel nut, bark sometimes used as tea leaves	-	Mizo
Bark is used for constipation and leaves for toothache	-	Mizo
Muga Silkworm are reared on the leaves	Roots, bark and leaves are used in medicine, leaves are for cattle fodder	Mizo
Leaves are lopped for cattle fodder	This tree is a quick growing and moderate light demander	Mizo
-	Leaves are lopped for cattle fodder.	Mizo

-	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Tender leaves are cooked and eaten without its water as vegetables	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
-	-	Mizo
	-	Mizo
Bark and fruit pulp are used for poisoning fish. Decoction of root bark is also recommended for diabetes	Leaves are poisonous for cattle	Mizo
	-	Mizo
		Mizo
Silkworm reared on the leaves. Boiled water of berries with meats of Indian Badger is taken as a remedy for sciatica and high blood pressure		Mizo
-	-	Mizo
Leaves are used by Mizos for lining Siksil (Umbrella) and Thul – Basket lids	-	Mizo
Decoction of bark is used in treating diarrhoea, dysentery and rheumatism	Juice of crushed bark is also applied to fresh cuts	Mizo
Leaves are used for fermenting cooked soyabean (<i>Bekang</i>), a traditional mizo delicacy	-	Mizo
Bark is used in diarrhoea, milky juice is applied on inflammatory diseases of glands and sometimes used as milk in tea. Leaves are lopped for cattle fodder	It is a shade bearer in youth and grow very fast	Mizo
Bark is useful in fever, diarrhoea, itching and flowers in menstrual disorders	Leaves are lopped for cattle fodder	Mizo
Bark yields a strong fibre and used for making ropes and cordage . leaves are lopped for cattle fodder	It is a light demander and fast growing tree. Tolerates moderate shade in youth	Mizo
Juice of fruits and leaves are applied on sharp pain caused by nettles or poisonous hairs of caterpillars	It is a fast growing tree	Mizo
-	-	Mizo
Leaves are loped for cattle fodder		Mizo
Leaves are used as soap for washing 'Mizo Pawnpui' (Blanket)	It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used to tick bite.	Mizo
Fibre of the bark is used for cordage. Decoction of the root bark is given to women after delivery of a baby	-	Mizo
Decoction of bark is used as an effective remedy for diabetes and high blood pressure	Leaves are lopped for cattle fodder	Mizo
Infusion of leaves/bark is used against black water fever, malarial fever, jaundice, typhoid, stomach ulcer and kidney stones		Mizo
Saplings used as pendant for scorching off the bristles of the pig killed		Mizo
Bark is used internally for pain in stomach		Mizo
Juice of the stem is recommended for mouth infection in children		Mizo
Silkworm fed on its leaves. Leaves are sometimes boiled with meats and eaten as curry. Root bark, leaves and fruits are also medicinal.	Young leaves and twigs are good for cattle fodder	Mizo
Bark fibre which is called <i>Hruikhau</i> is used for making into rope and <i>Hnam hrui</i> . Leaves are used for fermenting cooked soyabean (<i>bekang</i>) and sometimes for wrapping food in.	-	Mizo

Flowers are eaten cooked as vegetables, leaves are lopped for cattle fodder	It is a light demander and frie resistant, fast growing tree	Mizo
-	-	Mizo
Bark used to poison fish. Leaves are lopped for cattle fodder	It is a moderate light demander and fast growing tree	Mizo
Leaves, tender fruits and flower buds are eaten as vegetable	It is a moderate light demander and wind firm tree	Mizo
Thick paste of the plant is applied on broken bone. Juice of the plant is also applied on sore of baby's navel	Plant is laxative and cooling used for cold, sinusitis and menstruation problems	Mizo
-	-	Mizo
Decoction of bark is used in stomach troubles, fever, diarrhoea and also apllied on measles, chickem pox, sprains and burns. Leaves are cooked in water and water is taken as a remedy for high blood pressure .	-	Mizo
Tender leaves are boiled with meats and eaten as vegetables		Mizo
Young shoots are eaten in curries, amd fibre can also be used as rope	Fast growing tree	Mizo
-	-	Mizo
-	-	Mizo
Root, leaves and flowers are also used medicinally. Bark and young leaves are used as a remedy for fever, stomach ache etc		Mizo
Bark is bruised, boiled with soil impregnated with urine to produce a bluish dye	Fast growing tree	Mizo

Format 15 : Domesticated Animals

1	2	3	4	5	6
Animal type	Local name	Scientific name	Breed	Features	Method of keeping
Poultry	Ar	Gallus domesticus	Local	-	Poultry house made up of bamboo, poles and GI Sheets near the house
Dog	Ui	Cannis familiaris	Local	-	Inside house alongwith the owner's family but mostly they stayed
					around the balcony at night
Pig	Vawk	Artiodactyla suidae	Local	-	Pig shed built separately near the owner's house
Cat	Zawhte	Felis catus	Local	-	Inside house alongwith the owner's family
Poultry	Broiler Ar	Gallus gallus domesticus	Broiler	-	Poultry House/Shed

	7	8	9	10	11	12
Local	Status	Uses	Associated TK	Commercial	Other details	Community/
Past	Present			Rearing		Knowledge holder
Insufficient	Insufficient	These domestic animals	Chickens are used for sacrifice in	Commercial and own	Dung is used as fertilisers for	Mizo
		were mostly reared for their	olden days	use	cultivated crops	
Insufficient	Insufficient	meat. Dogs are used as a	Fresh blood used for	-		Mizo
		house keeper. Poultry	inflammatory disease of gland			
		farming is common, for bulk	(Hrilawn			
Insufficient	Insufficient	production of eggs and	-	Commercial	Dung is used for cultivated crops	Mizo
Insufficient	Insufficient	meat.	-	-	-	Mizo
Insufficient	Insufficient		-	Commercial	Dung is used as fertilisers for cultivated crops	Mizo

Format 16 : Culture Fisheries

1	2	3	4	5	6		1
Fish type	Local Name	Scientific Name	Variety	Features	Waterscape	Local	status
						Past	Present
Carp		Labeo catla		-	Fish Pond		
Carp		Cirrhinus cirrhosus		-	-do-		
Carp		Cyprinus carpio		-	-do-		
Carp		Ctenopharyngodon idella		-	-do-		
Carp		Hypophthalmichthys molitrix		-	-do-		
Carp		Catla catla		-	-do-		
Carp		Labeo rohita		-	-do-		
Freshwater Catfish		Clarius batrachus		-	-		

8	9	10	11	12
Uses	Associated TK	Commercial rearing	Other	Community/
			details	Knowledge holder
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo
Edible	-	Commercial		Mizo

Format 17 : Markets/Fairs of domesticated animals, medicinal plants and other products – NIL

1	2	3	4	5
Name of the Weekly Market/Fair	Location	Weekly/Fortnight & others Biannual/Annual	Day held	Month in case of bi-annual or annual market fair
			-	-

6	7	8	9
Types of animal	No. of animals (avg)	Places from where the	Places to where the animals are transported
bought and sold	transacted in a day	animals are arrived	

WILD BIODIVERSITY

Format 18 : Trees, Shrubs, Herbs, Tubers, Grasses, Climbers

1	2	3	4	5	6		
Plant type	Local Name	Scientific Name	Habit	Habitat	Local status		
					Past	Present	
Herb	Aidu	Amomum dealbatum	Perennial herb	Wild	Abundant	Abundant	
Herb	Anchiri	Homalomena aromatica	Aromatic herb	Wild	Abundant	Abundant	
Herb	Anhling	Solanum americanum	Herb	Wild	Abundant	Abundant	
Shrub	Builukham nu	Melastoma malabathricum	Evergreen large shrub	Wild	Insufficient	Insufficient	
Shrub	Builukham pa	Osbeckia stellata	Erect branched shrub	Wild	Insufficient	Insufficient	
Tree	Chawmzil	Ligustrum robustum	Evergreen tree	Wild	Abundant	Abundant	
Climber	Hruiduk	Mucuna bracteata	Climber	Wild	Abundant	Abundant	
Climber	Hruirithet	Tetrastigma rumicispermum	Large climber	Wild	Insufficient	Insufficient	
Climber	Kai ha	Smilax perfoliata	Large climber	Wild	Abundant	Abundant	
Fern	Katchat	Nephrolepis cordifolia	Terrestrial or Epiphytic fern	Wild	Abundant	Abundant	
Climber	Kawihrui	Entada phaseoloides	Large climber	Wild	Abundant	Abundant	
Tree	Kawihthuang	Leucosceptrum canum	Small evergreen tree	Wild	Abundant	Abundant	
Shrub	Kawldai	Justicia adhatoda	Evergreen shrub	Wild	Insufficient	Insufficient	
Climber	Khangsen	Acacia megaladena	Climber	Wild	Abundant	Abundant	
Climber	Leng phek	Tetrastigma coriaceum	Climber	Wild	Abundant	Abundant	
Tree	Nauthak	Litsea monopetala	Small tree	Wild	Insufficient	Insufficient	
Herb	Phaiphek	Molineria capitulata	Tufted perennial herb	Wild	Abundant	Abundant	
Bamboo	Phulrua	Dendrocalamus hamiltonii	Large tufted bamboo	Cultivated	Rare	Abundant	
Bamboo	Rawnal	Dendrocalamus longispathus	Long sheath bamboo	Cultivated	Rare	Abundant	
Bamboo	Rawthing	Bambusa longsipiculata	Evergreen clumped bamboo	Wild	Abundant	Abundant	
Climbing Pear Bamboo	Sairil	Melocalamus compactiflorus	Climbing bamboo	Wild	Abundant	Abundant	
Shrub	Saisiak	Fluggea virosa	Large shrub	Wild	Abundant	Abundant	
Tree	Sernam	Litsea cubeba	Small tree	Wild	Insufficient	Insufficient	
Shrub	Siali nu chhu	Rubus birmanicus	Large shrub	Wild	Abundant	Abundant	
Shrub	Sihneh	Eurya cerasifolia/japonica	Evergreen shrub or small tree	Wild	Abundant	Abundant	
Shrub	Thakpui	Dendrocnide sinuata	Large Evergreen Shrub	Wild	Abundant	Abundant	
Shrub	Vakep	Mussaenda glabra/macrophylla	Large erect shrub	Wild	Abundant	Abundant	
Climber	Vako	Thunbergia grandiflora	Large climber	Wild	Abundant	Abundant	
Climber	Vawihuih hrui	Paederia foetida	Slender wiry foetid climber	Wild	Abundant	Abundant	
Tree	Zairum	Anogeissus acuminata	Big tree	Wild	Abundant	Abundant	
Tree	Zuang	Duabanga grandiflora	Big tree	Wild	Abundant	Abundant	

7	8	9	10	11
Commercial/ own use	Part collected	Associated TK	Other details	Community Knowledge Holder
Own use	Young shoots, Buds	Stem is used for tying purposes, leaves are also used for fermenting cooked soya beans	Plant is used for a cure of enlargement of the liver, young shoots and buds are eaten cooked or fired as vegetables	Mizo
Own use	Stalks, Rhizomes	Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	-	Mizo
Own use	Leaves, berries	Water of boiled leaves is taken against urinary problems and stones in kidney. Juice of green berries is applied to ringworm, boils etc.	This plant is eaten cooked as vegetable	Mizo
Own use	Whole plant	Fruits edible, leaves are used for cuts, diarroea and dysentery	Whole plant is used for high blood pressure	Mizo
Own use	Root	Decoction/infusion of root is useful in diseases of kidney, dysuria, stomach complaints, dysentery and for expelling threadworms from the body	-	Mizo
Own use	Leaves	Leaves are sometimes lopped for cattle fodder	In some places, planted as hedge plant	Mizo
Own use	-	The plant is used as a cover crop in Rubber and Oil palm plantation	-	Mizo
Own use	Fruit	-	Ripe fruit is edible	Mizo
Own use	Stem	Pieces of stem are used for cleaning teeth	-	Mizo
Own use	-	-	-	Mizo
Own use	Leaves, seeds	Seeds are used for washing hairs and splitted stem for tying purposes. It is also used for playing games by Mizo boys and girls. Pounded seeds mixed with water is used for expelling leeches from cattle nostrils	Tender leaves are eaten cooked as vegetable. Seeds are roasted and eaten.	Mizo
Own use	-	-	Wood can be used for firewood	Mizo
Own use	Leaves	Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis and juice of the crushed leaves is applied to fresh cuts.	Leaves dired and made into cigarettes are smoked in asthma, juice is used for diarroea and dysentery	Mizo
Own use	Bark	Bark is used as fish poison and medicine	-	Mizo
Own use	-	-	-	Mizo
Own use	Leaves	Muga silkworm feeds on the leaves, leaves for cattle fodder	Roots abrk and leaves are used in medicine	Mizo
Own use	Tuber, Petiole	Juice of the crushed tuber is used to cure abdominal pain and to stop bleeding	Tender white petiole is also used for liver problems and stomach pain	Mizo
Own use	Culms, shoots	Culms are used for temporary building, mats, baskets, agarbati sticks, paper, fuel, gutters, water vessel etc	Young shoots are eaten cooked as vegetables	Mizo
Own use	Culms, Shoots	Culms are used for making paper pulp, baskets, building etc	Young shoots are eaten cooked as vegetables	Mizo
Own use	Culms, shoots	Culms are used for building purposes	Young shoots are eaten cooked as vegetables	Mizo
Own use	Stem	It is used for making hats, baskets etc.	Juice of stem is used for influenza and applied to scalp for curing dandruff, falling hairs and baldness.	Mizo
Own use	Bark, Leaves	Bark used for poisoning fish. Decoction of the leaves used in case of both measles, chicken pox, scabies and skin itching.	-	Mizo
Own use	Leaves, berries	Silkworm reared on the leaves. Boiled water of berries are used for	Young berries are used for flavouring	Mizo

		sciatica and high blood pressure		
Own use	-	-	-	Mizo
Own use	Leaves	Tender leaves are eaten cooked with rice or meats	Wood used for firewood and charcoal	Mizo
Own use	Roots	Decoction of roots is used in diseases of liver, jaundice, fever,	Pounded roots with crabs are prescribed in	Mizo
0		chicken pox, skin itching.	malaria and jaundice) <i>(</i> ;
Own use	Bark, Leaves	Bark and leaves are useful in application of snake bites	-	Mizo
Own use	Leaves	Juice of the leaves is useful for diabetes, eye diseases, fresh cuts.	-	Mizo
		Decoction of leaves is used for stomach troubles		
Own use	Stem, Leaves	Juice of the crushed leaves is used for diarrhoea and dysentery. Stem and leaves are also chewed for relief in toothache	-	Mizo
Own use	Wood, bark, leaves	Wood is hard used for house posts, tool handles, fuel and charcoal.	Leaves are cooked with water and the water is	Mizo
		Decoction of bark is used in stomach pain, fever, diarrhoea, measles,	used for treating high blood pressure	
		chicken pox, sprains and burns.		
Own use	Wood, bark	Bark is bruised and boiled with soil impregnated with urine to	Wood is used for house building,	Mizo
		produce a bluish dye	scaffolding,plywood, firewood etc	

Format 19: Wild Plant Species of Importance

1	2	3	4	5
Local Name	Scientific Name	Variety	Importance (Economic, Social & Cultural)	Status
Anchiri	Homalomena aromatica	Wild	Rhizome and petiole are medicinal, it is also used for making fragrance	Abundant
Bawltehlantai	Agapetes odontocera	Wild	Roots, Leave snd flowers are medicinal	Frequent
Belthei	Aegle marmelos	Wild	Fruit is useful in diabetes, digestion, dysentery and diarrhoea. Root bark is used for poisoning of fish.	
Builukham	Osbeckia sp.	Wild	Leaves are used for cuts, diarrhoea nad dysentery. Whole plant is used for hypertension	Abundant
Hnahthial	Phrynium/Stachyphrynium sp.	Wild	Leaves are used for packing and wrapping food stuff and vegetables, also used for carpeting rice bin	Abundant
Hulhu	Aganope thyrsiflora	Wild	Young leaves are eaten as vegetable. Decoction of fruit is used against stomach-ache and dysentery	Abundant
Kham	Bergnia pacumbis	Wild	Bitter root is used in fever, dysuria, spleen enlargement, livaer diseases, stomachache, diarrhoea,	
damdawi			dysentery etc and also applied to wounds, sores and boils.	
Khaupui	Sterculia villosa	Wild	Bark yields a strong fibre. Decoction of bark is used cholera, dysentery, diarrhoea and tonsilities	Abundant
Phaktel	Bridelia montana	Wild	Wood is used for posts, tool handles, house construction, firewood etc. Roots and bark are medicine.	Abundant
Rulei	Millettia pachycarpa	Wild	Roots and pods are used to poison fish. Juice of crushed roots is applied on mange of pigs	Abundant
Saithei	Gynocardia odorata	Wild	Fruit is hit, anthelmintic, used in bronchitis, ulcers, skin diaseses, small tumors and slightly	
			inflammations, leprosy, diabetes, etc. decoction of rott bark is also recommended for diabetes.	
Zairum	Anogeissus acuminata	Wild	Wood is used for charcoal, fuel, tool handles. Water of cooked leaves is taken as remedy for high	Abundant
			blood pressure. Decoction of bark is used in stomach troubles, fever, diarrhoea and also applied on	
			measles, chicken pox, sprains and burns	
Zihnghal	Stereospermum tetragonum	Wild	Wood is used for house construction, furniture, tool handles, firewood etc. leaves are lopped for	Abundant
			fodder. Bark and young leaves are used as remedy for fever, stomach-ache etc. roots and flowers are	
			also used medicinally.	

Format 20 : Aquatic Biodiversity :

1	2	3	4	5	6		
Local Name	Scientific Name	Variety	Features	Habitat	Loc	al Status	
					Past	Present	
Chakai	Potamonautes sp	Local	-	Rivers and Streams	Abundant	Abundant	
Chengkawl	Bithynia tentaculata	Local	-	Rivers and Streams	Abundant	Abundant	
Dawntial	Acanthocobitis botia	Local	-	Rivers and Streams	Abundant	Abundant	
Dawntial	Nemacheilus savona	Local	-	Rivers and Streams	Abundant	Abundant	
Dawntial	Nemacheilus scaturigina	Local	-	Rivers and Streams	Abundant	Abundant	
Dawntial	Schistura sp/ Acanthococbitis botia	Local	-	Rivers and Streams	Abundant	Abundant	
Hmursawp	Garra cf. gotyla	Local	-	Rivers and Streams	Abundant	Less frequent	
Kaikuang	Macrobrachium rosenbergii	Local	-	Rivers and Streams	Abundant	Less frequent	
Lengphar	Barilius barila	Local	-	Rivers and Streams	Abundant	Less frequent	
Makur	Clarius magur	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghaberberek	Pseudolaguvia sp	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghabual	Wallago attu	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghachik	Lepidocephalichthys guntea	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghadarthlalang	Parambasis serrata	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghadawl	Devario devario and Devario aequipinnatus	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghadungtial	Laubuka parafasciata	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghafunglawr	Xenentodon cancila	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghafunglawr	Dermogenys pusilla	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghahrah	Neolissochilus hexagonolepis	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghakhing	Channa marulius	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghalerh	Macrognathus sp	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghalim	Garra manipurensis and Gara tyao	Local	-	Rivers and Streams	Abundant	Abundant	
Nghameidum	Pethia sp	Local	-	Rivers and Streams	Abundant	Less frequent	
Ngharul	Anguilla bengalensis	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghasanghal	Botia sp	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghavang	Semiplotus modestus	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghavawk	Channa gachua	Local	-	Rivers and Streams	Abundant	Less frequent	
Nghazawngek	Garra lissorhynchus	Local	-	Rivers and Streams	Abundant	Abundant	
Sarba	Glyptothorax sp	Local	-	Rivers and Streams	Abundant	Less frequent	

7	8	9	10
Uses	Associated TK	Other details	Community/Knowledge Holder
Own use, edible	-		Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-		Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
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Own use, edible	-	-	Local
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Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local
Own use, edible	-	-	Local

1	2	3	4	5	6
Sl no	Local Name	Scientific Name	Variety	Importance	Trends

Format 22 : Wild Plants of Medicinal Importance

1	2	3	4	5		6
Plant (tree,	Local Name	Scientific Name	Variety	Landscape	Local	Status
shrub, herb)			_	/Habitat	Past	Present
Herb	Aieng	Curcuma longa	Local	Cultivated	Insufficient	Insufficient
Herb	Ailaidum	Curcuma caesia	Local	Cultivated	Insufficient	Insufficient
Herb	Anchiri	Homalomena aromaticum	Local	Wild	Abundant	Abundant
Herb	Anhling	Solanum nigrum	Local	Wild/Cultivated	Abundant	Abundant
Climber	Ar-a fanghma	Cyclanthera pedata	Local	Wild	Insufficient	Insufficient
Tree	Archangkawm	Oroxylum indicum	Local	Wild	Insufficient	Insufficient
Fern	Awmvel	Platycerium wallichii	Local	Wild	Abundant	Abundant
Climber	Bachhim	Dioscorea alata	Local	Wild	Insufficient	Insufficient
Herb	Bahkhawr	Eryngium foetidum	Local	Wild/cultivated	Abundant	Abundant
Herb	Bakkhate	Glinus oppositifolius	Local	Wild/cultivated	Insufficient	Insufficient
Sub-shrub	Buarze	Blumea lanceolaria	Local	Wild	Abundant	Abundant
Shrub	Builukham Pa/Nu	Osbeckia crinita/chinensis	Local	Wild	Abundant	Abundant
Shrub	Chawng	Euphorbia royleana	Local	Wild	Abundant	Abundant
Tree	Chhawntual	Aporosa octandra	Local	Wild	Abundant	Abundant
Herb	Choak-a thi	Lobelia angulata	Local	Wild	Abundant	Abundant
Grass	Fu	Saccharum officinarum	Local	Cultivated	Insufficient	Insufficient
Climber	Hlozak/Hlonuar	Mimosa pudica	Local	Wild	Insufficient	Insufficient
Tree	Hnahkiah	Callicarpa arborea	Local	Wild	Abundant	Abundant
Climber	Japanhlo	Mikania micrantha	Local	Wild	Abundant	Abundant
Tree	Kaihzawl	Dillenia pentagyna	Local	Wild	Insufficient	Insufficient
Tree	Kawhtebel	Trevesia palmata	Local	Cultivated	Abundant	Abundant
Shrub	Kawldai	Justicia adhatoda	Local	Wild	Insufficient	Insufficient
Climber	Kelhnamtur	Hedyotis scandens	Local	Wild	Insufficient	Insufficient
Herb	Khatual	Picria felterrae	Local	Wild	Abundant	Abundant
Tree	Khawmhma	Rhus chinensis	Local	Wild/cultivated	Abundant	Abundant
Herb	Lambak	Centella asiatica	Local	Wild	Insufficient	Insufficient
Climber	Maipawl	Benincasa hispida	Local	Cultivated	Abundant	Abundant
Tree	Nauthak	Litsea monopetala	Local	Wild	Abundant	Abundant
Tree	Neem	Azadirachta indica	Local	Cultivated	Insufficient	Insufficient

Tree	Pasaltakaza	Helicia robusta	Local	Wild	Insufficient	Insufficient
Shrub	Phuihnam	Clerodendrum colebrookianum	Local	Wild/Cultivated	Abundant	Abundant
Shrub	Saisiak	Flueggea virosa	Local	Wild	Abundant	Abundant
Climber	Sarzuk	<i>Elaeagnus</i> sp	Local	Wild/Cultivated	Insufficient	Insufficient
Herb	Sawhthing	Zingiber officinale	Local	Cultivated	Abundant	Abundant
Herb	Sekhupthur	<i>Begonia</i> sp.	Local	Wild	Abundant	Abundant
Herb	Sumbul	Cheilocostus speciosus	Local	Wild	Abundant	Abundant
Shrub	Tawkpui	Solanum torvum	Local	Wild/cultivated	Abundant	Abundant
Shrub	Tawkte	Solanum anguivi	Local	Wild/cultivated	Abundant	Abundant
Herb	Thasuih	Lindernia ruellioides	Local	Wild	Abundant	Abundant
Tree	Theihai	Mangifera indica	Local	Cultivated	Abundant	Abundant
Tree	Thingfanghma	Carica papaya	Local	Cultivated	Insufficient	Insufficient
Tree	Thingsia	Castanopsis tribuloides	Local	Wild	Abundant	Abundant
Tree	Thuamriat	Alstonia scholaris	Local	Wild	Insufficient	Insufficient
Shrub	Tlangsam	Chromolaena odorata	Local	Wild	Abundant	Abundant
Herb	Tumbu	<i>Musa</i> sp.	Local	Wild	Abundant	Abundant
Herb	Uithinthang	Houttuynia cordata	Local	Wild	Abundant	Abundant
Climber	Va ko	Thunbergia alata	Local	Wild	Abundant	Abundant
Shrub	Vakep	Mussaenda roxburghii/Mussaenda glabra	Local	Wild	Abundant	Abundant
Climber	Vawihuihhrui	Paederia foetidia	Local	Wild	Abundant	Abundant
Tree	Zihnghal	Stereospermum tetragonum/chelonoides	Local	Wild	Abundant	Abundant
Climber	Zuanghnuang	Byttneria grandifolia	Local	Wild	Abundant	Abundant

7	8	9	10	11
Associated TK	Uses (Usage)	Part used	Other details Market/ own use	Community/ Knowledge Holder
Juice of rhizome is used for stomach ulcer, jaundice, doarrhoea, dysentery, cholera, asthma, food poisoning, and also used as a tonic for blood purifier	Medicinal	Rhizome	Own use	Mizo
Rhizome is used for stomach ache, diarrhoea, dysentery, jaundice, asthma, measles, food allergy or food poisoning	Medicinal	Rhizome	Own use	Mizo
Stalks are used as vegetables, cooked stalk are eaten to increase breast milk. Rhizomes are used in manufacturing of prefumes	Medicinal	Stalks, Rhizomes	Own use	Mizo
Leaves are boiled in water and taken against urinary problems and kidney stones. Juice of green berries is applied to boils, ringworm etc	Medicinal	Leaves, berries	Own use	Mizo
Fruit is rich in antioxidant and used in medicine	Medicinal	Fruit	Own use	Mizo
Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc	Medicinal	Leaves, fruit, bark	Own use	Mizo
Juice of leaves is applied to herpes eruptions	Medicinal	Leaves	Own use	Mizo
Tubers and Bulbil are use as vegetable and also used to treat cancer	Medicinal	Tuber, Bulbil	Own use	Mizo
Leaves are used for flavouring curry. They are used for expulsion of threadworms from the body, as a remedy for food poisoning. Roots and leaves are boiled for treating malarial fever, diabetes, pneumonia, constipation	Medicinal	Leaves, roots	Own use	Mizo
Whole Plant is medicinal	Medicinal	Leaves	Own use	Mizo
Decoction of leaves used in ulcer, asthma, sores, dandruff etc	Medicinal	Leaves	Own use	Mizo
Decoction of roots is used in diarrhoea, dysentery, hepatitis etc, leaves for toothache	Medicinal	Root & leaves	Own use	Mizo
Pith of this shrub and unripe fruit of papaya are cooked with chicken and water is taken against diseases of liver, chronic fever. Milky juice is used externally for ringworm, rheumatism, sciatica, boils, warts etc	Medicinal	Shrub, milky juie	Own use	Mizo
Bark and leaves decoction used in stomach ulcer, diarrhoea and dysentery.	Medicinal	Bark, Leaves	Own use	Mizo
Juice of crushed leaves & fruits are used against diarrhoea, sore throat, stomach ulcer, tonsillitis and toothache	Medicinal	Leaves & Fruits	Own use	Mizo
Juice of the stem is used as a remedy for jaundice, purifies blood, good for lungs, diuretic etc	Medicinal	Stem juice	Own use	Mizo
Roots decoction used in piles and jaundice, diseases of liver and kidney etc	Medicinal	Roots	Own use	Mizo
Decoction of bark and leaves used for diabetes, cholera, internal bleeding, stomach ulcer etc. Leaves are used for fermenting cooked soya bean (<i>Bekang</i>), famous mizo dish.	Medicinal	Bark & Leaves	Own use	Mizo
Leaf juice applied on fresh wounds, stomach pain & ulcer	Medicinal	Leaves	Own use	Mizo
Decoction of bark, leaves is used for curing gastric trouble, asthma, dysentery, cancer etc	Medicinal	Bark, leaves	Own use	Mizo
Roots and leaves are used to treat stomachache	Medicinal	Root, leaves	Own use	Mizo
Decoction of leaves is used for dysentery, jaundice, malarial fever, asthma, bronchitis, and juice of the crushed leaves is also applied to fresh cuts	Medicinal	Leaves	Own use	Mizo
Decoction of roots/leaves is medicinal. The plant is also used as fish poison	Medicinal	Roots & leaves	Own use	Mizo
Bitter leaves are used for making Sa-chek. Decoction of the plant is prescribed as a remedy for enlarged spleen, fever and stomachache.	Medicinal	Whole plant	Own use	Mizo

Decoction of fruit & Leaves used in various diseases	Medicinal	Leaves & fruits	Own use	Mizo
Plant is used in diabetes, jaundice, pile,dysentery,diarrhoea,hypertension etc	Medicinal	Whole plant	Own use	Mizo
Juice of fruit is used for diarrhoea, cholera, diabetes, vomiting, kidney problems	Medicinal	Fruit & Leaves	Own use	Mizo
Muga silkworm feeds on the leaves. Roots, bark and leaves are used in medicine	Medicinal	Root, bark, leaves	Own use	Mizo
Boiled water of leaves is used to treat diabetes, hypertension, stomach problems etc	Medicinal	Leaves	Own use	Mizo
Decoction of Bark & leaves used in stomach ulcer, indigestion, womb troubles etc	Medicinal	Bark & Leaves	Own use	Mizo
Leaf juice used in High blood pressure	Medicinal	Leaves	Own use	Mizo
Decoction of leaves used in measles, chicken pox, scabies etc	Medicinal	Leaves	Own use	Mizo
Decoction of roots and leaves is used for treating menstrual and urinary problems	Medicinal	Roots & leaves	Own use	Mizo
Rhizomes are used as spice and condiment, taken as a cure for food poisoning. Juice of	Medicinal	Rhizome	Own use	Mizo
pounded rhizome is is given to women in case of sufficient supply of milk for their children				
and also dropped into the ear when attacked by ticks.				
Stem and leaves are eaten against diarrhoea and dysentery, juice of the sten or stalk is also	Medicinal	Leaves, stem	Own use	Mizo
applied to rash or sores etc				
Juice of crushed roots used in diseases of kidney, fever, jaundice, bronchitis etc	Medicinal	Roots	Own use	Mizo
-do-	Medicinal	Fruit	Own use	Mizo
Unripe fruit are eaten as vegetable. Roots and fruit are used in high blood pressure, asthma,	Medicinal	Fruit	Own use	Mizo
dysuria, fever, colic. Crushed fruit is used in burns, boils etc				
Whole plant is used as poultice for cramps, rheumatism, sciatica, wounds etc	Medicinal	Whole plant	Own use	Mizo
Young leaves are cooked and juice is eaten for food poisoning, diarrhoea, dysentery etc	Medicinal	Leaves	Own use	Mizo
Fruit is edible and used for constipation, stomach troubles, juice of boiled leaves is used in	Medicinal	Leaves, fruit	Own use	Mizo
treating stomach ulcer, cancer and other stomach related problems				
Juice of bark and stem is used for infection, wounds and cuts etc	Medicinal	Bark, stem	Own use	Mizo
Bark is useful in treatment of high blood pressure, asthma, typhoid, malaria, diarrhoea,	Medicinal	Bark and juice	Own use	Mizo
dysentery. Milky juice applied in fresh cuts, sores, ringworm, wart,etc				
Juice of the leaves applied to fresh cuts	Medicinal	Leaves	Own use	Mizo
Plaintain is cooked with water and water is drink for treating deficiency of white blood	Medicinal	Buds	Own use	Mizo
Whole plant is used in medicine, used for treating cancer, liver problems etc	Medicinal	Whole plant	Own use	Mizo
Decoction of leave used against diabetes, new cuts, stomach problem etc and also for treatment	Medicinal	Leaves	Own use	Mizo
of cancer				
Bark and leaves are useful in snake bites	Medicinal	Bark, Levaes	Own use	Mizo
The whole plant is regarded as a specific for rheumatic affection, in which it is administered	Medicinal	Whole plant	Own use	Mizo
both internally and externally. Juice of crushed leaves is used in diarrhoea and dysentery. Stem				
and leaves are also chewed for relief in tooth-ache				
Leaves are lopped for fodder. Bark and young leaves are used as remedy for fever, stomach	Medicinal	Leaves	Own use	Mizo
pain etc				
Stem juice used for mouth sore, stomach ulcer etc	Medicinal	Stem	Own use	Mizo

1	2	2 3 4 5		5	6	
Local Name	Scientific Name	Associated	Landscape/	Local	status	Uses (Usage)
		crops	Habitat	Past	Present	
Aidu	Amomum dealbatum	All Jhum crops	Wild	Abundant	Abundant	Young shoots and buds are eaten cooked or fried as vegetables
Anhling	Solanum americanum	All Jhum crops	Wild	Abundant	Abundant	Leaves are eaten cooked as vegetables
Ankasate	Acmella paniculata	All Jhum crops	Wild	Abundant	Abundant	Leaves with stem are used as a vegetable
Ankhapui	Marsdenia maculata	All Jhum crops	Wild	Abundant	Abundant	Young stem and leaves are cooked eaten as vegetables
Ankhate	Marsdenia formosana	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Archangkawm	Oroxylum indicum	All Jhum crops	Wild	Abundant	Abundant	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Deccoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases iof liver, hepatitis etc
Baibing	Alocasia fornicate	All Jhum crops	Wild	Abundant	Abundant	Spadix and stem are eaten cooked as vegetables
Chakawk	Diplazium esculentum	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Changpawl	Musa thomsonii	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changpui	Musa sikkimensis	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changthir	Musa balbisiana	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Changvandawt	Musa ornata	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Hmuipui	Syzygium cumini	All Jhum crops	Wild	Abundant	Abundant	Wood moderately hard is used for plywood, tool handles, posts, door frames, panels, firewood, gunstocks etc
Hruitung	Salacca sedcunda	All Jhum crops	Wild	Abundant	Abundant	Leaves are used for thatching and the rachis for making temporary ropes
Hulhu	Aganope thyrsiflora	All Jhum crops	Wild	Abundant	Abundant	Young leaves are eaten cooked as vegetable
Kha um	Hodgsonia heteroclita	All Jhum crops	Wild	Abundant	Abundant	Seeds are eaten roasted or fried
Khanghu	Acacia pennata	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked as vegetable
Lairawk	Musa ochracea	All Jhum crops	Wild	Abundant	Abundant	Flower buds are eaten cooked as vegetable, stems are used for pig's feed and leaves for cattle fodder
Nauawimu	Solena amplexicaulis	All Jhum crops	Wild	Abundant	Insufficie nt	Tender leaves are eaten cooked as vegetable
Phuihnam	Clerodendrum colebrookianum	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are cooked eaten as vegetable, also used for fermenting cooked soyabean
Reng an	Senna occidentalis	All Jhum crops	Wild	Abundant	Insufficie nt	Tender leaves are eaten cokked as vegetable

Saisu	Ensete glaucum	All Jhum crops	Wild	Abundant	Insuficient	Succulent leaf sheaths, young flowers and bracts of spadix
						are eaten cooked as vegetable
Sapthei	Passiflora edulis	All Jhum crops	Wild	Abundant	Abundant	Leaves are cooked eaten as vegetable
Sihneh	Eurya cerasifolia	All Jhum crops	Wild	Abundant	Abundant	Tender leaves are eaten cooked with rice or meals
Tawkpui	Solanum torvum	All Jhum crops	Wild	Abundant	Abundant	Fruits are eaten cooked or fried as vegetables
Telhawng	Amorphophallus sp.	All Jhum crops	Wild	Abundant	Abundant	Corm and young leaf stalk and shoots are eaten cooked as
						veg.
Thangtung	Arenga pinnata	All Jhum crops	Wild	Abundant	Abundant	Young underdeveloped leaf shoot is used as vegetable
Theibate	Ficus fistulosa	All Jhum crops	Wild	Abundant	Abundant	Young shoots and fruits are used as vegetable
Thingthupui	Calamus tenuis	All Jhum crops	Wild	Abundant	Abundant	Under developed shoots are used as vegetable
Tum	Caryota urens	All Jhum crops	Wild	Abundant	Abundant	Wood is employed for many domestic purposes
Tumbu	Musa sp.	All Jhum crops	Wild	Abundant	Abundant	Young bud is eaten cooked as vegetable
Uithinthang	Houttuynia cordata	All Jhum crops	Wild	Abundant	Abundant	Whole plant is eaten raw or cooked as vegetable

7	8	9	10
Part Used	Associated TK	Other details	Community/ knowledge holder
Shoots, buds	The plant is used for a cure of enlargement of liver and the stem for tying purposes. Leaves are used for fermenting cooked soya beans.	-	Miizo
Leaves, berries	Water of boiled leaves is taken against urinary problems and stones in kidney. Juice of green berries is applied to ringworm, boils etc.	-	Miizo
Stem, leaves	Flowers are chewed to relive toothache and affections of the gums and throat	-	Miizo
Stem, leaves	As the taste of this plant is bitter, it is used to take for High Blood pressure and diabetes	-	Miizo
Leaves	-	-	Miizo
Roots, bark, leaves	Decoction of root & bark is used in fevers, colic, stomach ulcer, indigestion, dysentery, diarrhoea etc. Poultice of the bark is applied to rheumatism, sprains, imflammations and skin diseases. Decoction of leaves is used in flatulence, ulcers, etc. decoction of fruit is used to treat diseases of liver, hepatitis etc	-	Miizo
Spadix, stem	Juice of the plant is used externally for snake bite. Leaf is also used for catching land leech from the body	-	Miizo
Leaves	-	-	Miizo
Stem, Buds, leaves	Juice of stem is used for snake bites, diarrhoea, dysentery and pounded seeds for diabetes	-	Miizo
Leaves, fruit	Young leaves are eaten as vegetable, but several changes of water is needed while cooking. Decoction of fruit is used against stomach-ache, dysentery	-	Miizo
Seeds	-	-	Miizo
Leaves, buds	Leaves are used for feasts instead of rice plates. Stems are used for pig feed. Leaves are also used for cattle fodder	-	Miizo
Seed, leaves	Seed is used to treat diabetes, and bark for fever, jaundice, urinary problems etc. Tassar silkworm feed on its leaves	-	Miizo
-	-	-	Miizo
Leaves	Plant is purgatice, laxative, anti malarial, and used for liver complaints, fever, cough, bronchitis, high blood pressure etc. Fresh leaves are taken to expel intestinal worms and parasites	-	Miizo
Leaf, flowers, spadix	Juice of stem is used in severe fever and giddiness of children.	-	Miizo
Leaves	-	-	Miizo
Fruit, shoots, leaves	Decoction of leaves is given to women after birth	-	Miizo
Leaves	Fruit is used as soap for washing clothes, fibrous fruit as brush for pots, plates etc. decoction of roots is recommende for treating malaria, diabetes and seeds as a purgative	-	Miizo
Leaves, Flowers	Decoction of leaves is used to reduce high blood pressure and decrease breast feeding mother's breast milk, also used to heal acute mastities	-	Miizo
Leaves, flowers	-	-	Miizo
Whole plant	-	-	Miizo
Leaves, fruit	Ripe fruit is useful for jaundice and liver problems	-	Miizo
Leaves	Wood is used for firewood and charcoal	-	Miizo
Fruit	fruit is medicinal used to treat hypertension and diabetes	-	Miizo
Corm, young leaf, shoot	The corm with <i>Ching-al</i> (Lye) is boiled to remove irritants. So, the boiled corm is mixed with <i>Sa-um</i> (fermented pork fat), <i>Ching-al</i> (Lye) and Salt and then eaten as curry (Traditional Mizo Dish)	-	Miizo
Whole plant	Fibres are used for fiddle strings, traps etc. the down beneath the laef stalks on the trunk is used for tinder and is	_	Miizo

	known as 'Meibu'. Midrib of the leaflets is good for sweeping like a broom.		
Leaves	-	-	Miizo
Shoot, leaves	It is used for making baskets, mats, furniture, chairs etc and fruit is edible	-	Miizo
Whole plant	Fibre is made into ropes, brushes, brooms, basket etc. terminal bud is eaten cooked as vegetable	-	Miizo
Bud, stem, leaves	Leaves are used for feasts instead of rice plates. Stems are used for pig feed. Leaves are also used for cattle fodder	-	Miizo
Whole plant	Whole plant is used in medicine, used for treating cancer etc	-	Miizo

1	2	3	4	5	6	7	8
Local Name	Scientific Name	Variety	Habitat	Commercial/ Non commercial uses	Associated TK	Other details	Community/ Knowledge Holder
Ar-tukkhuan	Mirabilis jalapa	Local variety	Home garden	Non commercial	-	-	Mizo
Hling lukhum	Euphornia milii	Introduced	Home garden	Non commercial	-	-	Mizo
Christmas par	Poinsettia pulcherrima	Introduced	Home garden	Non commercial	-	-	Mizo
Chuailopar	Gomphrena globosa	Local variety	Home garden	Non commercial	-	-	Mizo
Derhken	Tagetes erecta	Local variety					
Dingdi	Asclepias curassavica	Local variety	Home garden	Non commercial	-	-	Mizo
Far	Pinus sp.	Local variety	Home garden	Non commercial	-	-	Mizo
Hnahsinpar	Cosmos bipinnatus	Local variety	Home garden	Non commercial	-	-	Mizo
Kumtluang	Catharanthus roseus	Local variety	Home garden	Non commercial	-	-	Mizo
Midum pangpar	Hibiscus rosa-sinensis	Local variety	Home garden	Non commercial	-	-	Mizo
Saron par	Bougainvillea spectabilis	Local variety	Home garden	Non commercial	-	-	Mizo
Zamzo	Celosia argentea	Local variety	Home garden	Non commercial	-	-	Mizo
Zan rimtui	Cestrum nocturnum	Local variety	Home garden	Non commercial	-	-	Mizo
Uaiting wayvet	Lagerstroemia indica	Local variety	Home garden	Non commercial	-	-	Mizo
Rose par	Rosa indica	Local variety	Home garden	Non commercial	-	-	Mizo
Sappangpar	Zinnia sp	Local variety	Home garden	Non commercial	-	-	Mizo
Kungpuimuthi	Canna indica	Local variety	Home garden	Non commercial	-	-	Mizo
Dahlia	Dahlia pinnata	Local variety	Home garden	Non commercial	-	-	Mizo
April par	Delonix regia	Introduced	Home garden	Non commercial	-	-	Mizo
April parte	Caesalpina pulcherrima	Introduced	Home garden	Non commercial	-	-	Mizo
Chawnpui	Lagerstroemia speciosa	Local variety	Home garden	Non commercial	-	-	Mizo
Fartuah	Erythrina stricta	Local variety	Home garden	Non commercial	-	-	Mizo
Geranium	Pelargonium sp	Introduced	Home garden	Non commercial	-	-	Mizo
Iris	Iris germanica	Introduced	Home garden	Non commercial	-	-	Mizo
Jasmine	Jasminum sp	Introduced	Home garden	Non commercial	-	-	Mizo
Makpazangkang	Cassia javanica spp nodosa	Local variety	Home garden	Non commercial	-	-	Mizo
Nauban	Orchid	Local variety	Home garden	Non commercial		-	Mizo
Nuaithang	Impatiens balsamina	Local variety	Home garden	Non commercial	=	-	Mizo
Vaube	Bauhinia variegata	Local variety	Home garden	Non commercial	-	-	Mizo

Format 25 : Fumigate / Chewing Plants

1	2	3	4	5	6		7
Plant	Local Name	Scientific Name	Variety	Habitat	Local S	Status	Uses (Usage)
(Herb, shrub,tree)					Past	Present	
Herb	Ankasa	Acmella oleracea	Local	Wild	Abundant	Abundant	Leaves and flowers are eaten cooked as vgetable
Herb	Ankasate	Acmella paniculata	Local	Wild	Abundant	Abundant	Leaves and flowers are eaten cooked as vgetable
Climber	Hnahthak	Piper diffusum	Local	Wild	Frequent	Frequent	Fruit is used as spice. Leaves are used for catching fish.
Tree	Kamsahulh	Croton tiglium	Local	Wild	Frequent	Frequent	-
Tree	Kangtek	Albizia procera	Local	Wild	Frequent	Frequent	Leaves are used as cattle fodder
Climber	Khangpawl	Acacia pruinescens	Local	Wild	Abundant	Abundant	Tender leaves are acid and eaten as vegetable
Climber	Khangsen	Acacia megaladena	Local	Wild	Abundant	Abundant	-
Shrub	Ngaihhih	Linostoma decandrum	Local	Wild	Abundant	Abundant	-
Climbing shrub	Rulei	Millettia pachycarpa	Local	Wild	Abundant	Abundant	Roots and Pods are used to poison fish
Tree	Saithei	Gynocardia odorata	Local	Wild	Frequent	Frequent	Leaves are used to poison cattle
Climber	Tling	Embelia vestita	Local	Wild	Abundant	Abundant	Decoction of leaves is used for chicken pox, itching and other skin diseases; leaves are eaten cooked with fish.

8	9	10	11
Part used *	Associated TK	Other details	Community
		(mode of use)	Knowledge
			Holder
Leaves, flowers	Plant is used for poisoning fish	-	Mizo
Leaves, flowers	Plant is used for poisoning fish	-	Mizo
Fruit & Leaves	-	-	Mizo
Fruits & Leaves	Fruits and leaves are used for poisoning fish	-	Mizo
Bark	Bark is used to poison fish	It is a light demander, can stand moderate shade in youth.	Mizo
		Coppices fairly well	
Leaves, whole plant	Plant is prescribed for asthma, bronchitis and pneumonia	Leaves are also used in scabies and snake bites	Mizo
Bark	Bark is used as fish poison and medicine	-	Mizo
Roots	Roots are used for poisoning fish	Roots are boiled in water and used for dressing scabies	Mizo
Roots & Pods	-	-	Mizo
Bark, Fruit	Bark and fruit pulp are used for poisoning fish	Decoction of root-bark is also recommended for diabetes	Mizo
Leaves	-	Leaves of this plant boiled with hibiscus leaves and water is	Mizo
		taken to cure hiccough and difficult urination	

1	2	3		4	5
Local Name	Scientific Name	Habitat	Local	Status	Other uses
			Past	Present	(if any)
Anku	Celtis australis	Wild	Abundant	Abundant	Wood tough, used for building. Tool handles, firewood etc
Batling	Wedlandia bundleioides	Wild	Abundant	Abundant	Wood is used for gunpowder, charcoal, firewood etc
Belphuar	Trema orientalis	Wild	Abundant	Abundant	Wood is used for gunpowder, charcoal, firewood etc
Bulthur	Nyssa javanica	Wild	Frequent	Frequent	Wood is grey, yellow, soft used for house building
Bung	Ficus benghalensis	Wild	Frequent	Frequent	Wood used for fuelwood, well curbs etc
Char	Terminalia myriocarpa	Wild	Frequent	Frequent	Wood used for furniture, house building, firewood etc
Chawmzil	Ligustrum robustum	Wild	Abundant	Frequent	Wood used for firewood and charcoal etc
Chhawntual	Aporosa octandra	Wild	Abundant	Frequent	Wood used for firewood and charcoal etc
Fah	Lithocarpus dealbatus	Wild	Abundant	Frequent	Wood used for rice pestle, firewood and charcoal etc
Fartuah	Erythrina variegata	Wild	Abundant	Abundant	Wood is used for drums, toys etc and bark fibre for cordage
Haidai	Mangifera sylvatica	Wild	Frequent	Frequent	Wood used for cheap furniture, house building, frames etc
Haivahmim	Mangifera indica	Wild	Abundant	Abundant	Wood used for cheap furniture, house building, frames etc
Herhse	Mesua ferrea	Wild	Frequent	Frequent	Wood very hard used for bridges, railway sleepers, tool handles, firewood, rice
					pestle, charcoal etc
Hmawng	Ficus sp	Wild	Frequent	Frequent	Wood used for fuel and charcoal etc
Hmuifarial	Syzygium claviflorum	Wild	Abundant	Abundant	Wood is used for firewood, leaves are lopped for cattle fodder
Hmuipui/Lenhmui	Syzygium cumini	Wild	Abundant	Abundant	Wood is moderately hard, used for plywood, furniture, tool handles, panels,
					posts and firewood etc
Hnahkhar	Mallotus paniculatus	Wild	Abundant	Abundant	Wood used for firewood
Hnahthap	Colona floribunda	Wild	Frequent	Frequent	Wood is used for making lockets of key chain and firewood
Hnum	Engelhardtia spicata	Wild	Abundant	Abundant	Wood used for house construction, tea boxes, packing etc
Kamsahulh	Croton tiglium	Wild	Frequent	Frequent	-
Kawihthuang	Leucosceptrum canum	Wild	Abundant	Less	Wood can be used as firewood
				frequent	
Kharduap	Macaranga indica	Wild	Abundant	Frequent	Wood can be used for firewood etc
Kharuan	Elaeocarpus lanceifolius	Wild	Abundant	Frequent	Wood used for house building, firewood and charcoal etc
Khaupui	Sterculia villosa	Wild	Abundant	Abundant	Wood very soft is used for drums and paper pulp
Khawitur	Hydnocarpus kudzii	Wild	Abundant	Frequent	Wood used for temporary building, firewood etc
Khiang	Schima wallichii	Wild	Abundant	Abundant	Wood durable is used in planking, building, plywood, firewood
Khuangthli	Bischofia javanica	Wild	Abundant	Abundant	Wood used for house building, furniture, firewood etc
Kumkhal /Umkhal	Elaeocarpus tectorius	Wild	Abundant	Abundant	Wood used for firewood
Lungkhup	Haldina cordifolia	Wild	Frequent	Frequent	Wood used for planking, house posts, door and window frames, shutters,
					furniture, plywood, firewood etc
Muk	Cordia fragrantissima	Wild	Frequent	Frequent	Wood durable, used for gunstocks, posts and firewood etc
Nauthak	Litsea monopetala	Wild	Abundant	Abundant	Wood soft not durable can be used for firewood
Nganbawm	Acrocarpus fraxinifolius	Wild	Abundant	Abundant	Wood used for furniture, motor bodies, planking, flooring etc
Nghalchhun	Eriobotrya bengalensis	Wild	Abundant	Abundant	Wood used for firewood, charcoal etc

Ngiau	Magnolia oblonga	Wild	Frequent	Frequent	Wood hard and durable used in furniture, building, planking
Pang	Bombax insigne	Wild	Abundant	Abundant	Wood used for packing cases, matchboxes, splints
Pangkai	Baccaurea ramiflora	Wild	Abundant	Frequent	-
Phuanberh	Macropanax undulatus	Wild	Abundant	Abundant	Wood is soft and can be used for firewood
Phuanberhpui	Ailanthus integrifolia spp	Wild	Frequent	Frequent	Wood used for partition wall, plywood, packing cases etc
Rihnim	Ficus religiosa	Wild	Abundant	Frequent	Wood durable underwater, used for fuel and charcoal etc
Sahatah	Aglaia spectabilis	Wild	Frequent	Frequent	Wood hard used for furniture, building, doors and windows
Saithei	Gynocardia odorata	Wild	Frequent	Frequent	wood used for planking, posts and firewood
Saper	Lindera nacusua	Wild	Frequent	Frequent	Wood used for building construction
Sehawr	Castanopsis indica	Wild	Abundant	Abundant	Wood hard used for furniture, building, firewood etc
Sernam	Litsea cubeba	Wild	Frequent	Frequent	Wood used for gunpowder, charcoal, firewood etc
Sevuak	Olea dioica	Wild	Frequent	Frequent	Wood hard used for tool handles, firewood and charcoal
Sihneh	Eurya japonica	Wild	Abundant	Frequent	-
Siksil	Pterospermum acerifolium	Wild	Abundant	Frequent	Wood used for furniture, building, planking, motorbodies etc
Taitaw	Spondias pinnata	Wild	Abundant	Frequent	Wood used for drums, firewood etc
Tatkawng	Artocarpus chama	Wild	Abundant	Abundant	Wood durable used for building, furniture, plywood etc
Tei	Toona cilliata	Wild	Frequent	Frequent	wood usedfor furniture, house building, ceiling, floors etc
Thalteh	Kydia calycina/glabrescens	Wild	Abundant	Abundant	Wood soft suitable for plywood, packing cases etc
Theipalingkawh	Bruinsmia polysperma	Wild	Frequent	Frequent	Sawn timber used for house construction
Theipui	Ficus semicoradata	Wild	Abundant	Abundant	Wood used for mortars, firewood etc
Theisehret	Aphananthe cuspidata	Wild	Frequent	Frequent	Wood used for planking, firewood and charcoal
Thingdawl	Tetrameles nudiflora	Wild	Frequent	Frequent	Wood is used for flooring, walling, matches, plywood etc.
Thingdawn	Itea macrophylla	Wild	Abundant	Abundant	Wood used as fuel
Thingkha	Derris robusta	Wild	Abundant	Abundant	Wood used for house posts, firewood and charcoal
Thingkhawilu	Vitex peduncularis	Wild	Frequent	Frequent	Wood used for posts, firewood and charcoal etc
Thingpuithing	Lithocarpus	Wild	Abundant	Abundant	Wood used for firewood, building, charcoal etc
	elegans/obscurus				
Thingsaphu	Dysoxylum mollissimum	Wild	Frequent	Frequent	Wood used for house building, furniture, boats etc
Thingsia	Castanopsis tribuloides	Wild	Abundant	Abundant	Wood used for house posts, firewood, charcoal etc
Thingtheihmu	Morus alba	Wild	Frequent	Frequent	Wood used for house construction, furniture, tool handles etc
Thingvawkpui	Balakata baccata	Wild	Abundant	Abundant	Wood used for plywood, packing cases, firewood etc
Thlanvawng	Gmelina arborea	Wild	Abundant	Abundant	Wood used for planking, furniture, house posts etc
Vaiza	Hibiscus macrophyllus	Wild	Abundant	Abundant	Wood soft but durable used for posts, rafters etc
Vang	Albizia chinensis	Wild	Frequent	Frequent	Wood used for making drum, firewood and charcoal etc
Vaube	Bauhinia variegata	Wild	Abundant	Abundant	Wood is used for tool handles, firewood, charcoal etc. leaves are a good fodder.
					Decoction of bark/leaves is used in menstrual disorders, piles, diabetes, diarrhoea
					and dysentery
Vawmbal	Drimycarpus racemosus	Wild	Abundant	Abundant	Wood is used for building, boats, firewood etc
Vawngdawl	-	Wild	Abundant	Abundant	-
Vawngthir	-	Wild	Abundant	Abundant	-
Vawngthla	Premna milleflora	Wild	Frequent	Rare	Wood durable used for house posts etc
Zaihri	Ficus virens	Wild	Frequent	Frequent	Wood moderately hard, used for firewood etc

Zairum	Anogeissus acuminata	Wild	Abundant	Abundant	Wood used for house posts, tool handles, fuel and charcoal etc
Zathu	Polyalthia jenkinsii	Wild	Frequent	Frequent	Wood is used for house posts, firewood etc
Zihnghal	Stereospermum chelonoides	Wild	Abundant	Abundant	Wood used for house construction, cabinet making, furniture
Zuang	Duabanga grandiflora	Wild	Abundant	Abundant	Wood used for building, plywood, firewood etc

6	7	8
Associated TK	Other details	Community/ Knowledge Holder
-	Leaves and fruits are used in medicine	Mizo
	Wood pole is used for fencing post.	Mizo
Bark yields a strong fibre and leaves are lopped for cattle fodder	It is a light demanding tree, fsat growing and short lived tree	Mizo
-	Fruit is eaten by birds and wild animals	Mizo
Bark and aerial roots are used for making coarse ropes	Leaves are good for cattle fodder	Mizo
-	Leaves are good for fodder, it is a fast growing tree	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Tender pods are edible, seeds edible roasted or boiling, bark and leaves are also used in medicine	It is a fast growing tree and cultivated as ornamental and hedge plant	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Decoction of young leaves is used in diabetes, diarrhoea and ash of dried leaves is taken to stop hiccough	It prefers deep well drained loamy soil and it is a shade bearer	Mizo
Bark, unripe fruit, flowers and seed oil are medicinal	Seed oil is used for burning, lubricating and soap making	Mizo
Leaves and twigs are lopped for cattle fodder	Bark, fruit and leaves are used in medicine	Mizo
-	Fruits are eaten by man, bears and birds	Mizo
Seed is very useful for treating diabetes and the bark for fever, jaundice, urinary problems, sore throat, ronchitis, asthma, ulcers and chronic dysentery etc	Fruits are eaten by man, birds and wild animals	Mizo
-	-	Mizo
-	-	Mizo
Bark is medicinal and also used for poisoning fish. Leaves are lopped for fodder	It is a light demander	Mizo
Fruits and leaves are used for poisoning fish.	Decoction of leaves are used for treating cancer	Mizo
-	-	Mizo
Different parts of the plant are used in various traditional medicine	-	Mizo
Bark is scraped with dao and the powder is used for stupefying bees (Khawivah)	Fruits are used for poisoning fish	Mizo
Seeds are eaten roasted or fried. Bark yields a strong fibre	Decoction of the bark is used in cholera, dysentery, diarrhoea and tonsilities	Mizo
-	-	Mizo

Powdered fruit is used in scorpion sting, bites of centipede, juice of the bark for chronic ulcer and fresh cuts. Leaves are lopped for fodder	Tender leaves are cooked eaten. It is moderate light demander and moderately fast growing tree	Mizo
Juice of young leaves is used for curing tonsillitis and sores	Bark, stem and leaves are also medicinal. Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
Tender leaves are eaten cooked as vegetable, seed is chewed as a substitute for betel nut, bark sometimes used as tea leaves	-	Mizo
Bark is used for constipation and leaves for toothache	-	Mizo
Muga Silkworm are reared on the leaves	Roots, bark and leaves are used in medicine, leaves are for cattle fodder	Mizo
Leaves are lopped for cattle fodder	This tree is a quick growing and moderate light demander	Mizo
-	Leaves are lopped for cattle fodder.	Mizo
-	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Leaves are lopped for cattle fodder	-	Mizo
Tender leaves are cooked and eaten without its water as vegetables	Leaves are lopped for cattle fodder	Mizo
-	-	Mizo
-	-	Mizo
	-	Mizo
Bark and fruit pulp are used for poisoning fish. Decoction of root bark is also recommended for diabetes	Leaves are poisonous for cattle	Mizo
	-	Mizo
		Mizo
Silkworm reared on the leaves. Boiled water of berries with meats of Indian Badger is taken as a remedy for sciatica and high blood pressure		Mizo
-	-	Mizo
Leaves are used by Mizos for lining Siksil (Umbrella) and Thul - Basket lids	-	Mizo
Decoction of bark is used in treating diarrhoea, dysentery and rheumatism	Juice of crushed bark is also applied to fresh cuts	Mizo
Leaves are used for fermenting cooked soyabean (<i>Bekang</i>), a traditional mizo delicacy	-	Mizo
Bark is used in diarrhoea, milky juice is applied on inflammatory diseases of glands and sometimes used as milk in tea. Leaves are lopped for cattle fodder	It is a shade bearer in youth and grow very fast	Mizo
Bark is useful in fever, diarrhoea, itching and flowers in menstrual disorders	Leaves are lopped for cattle fodder	Mizo
Bark yields a strong fibre and used for making ropes and cordage . leaves are lopped for cattle fodder	It is a light demander and fast growing tree. Tolerates moderate shade in youth	Mizo
Juice of fruits and leaves are applied on sharp pain caused by nettles or poisonous hairs of caterpillars	It is a fast growing tree	Mizo
-	-	Mizo
Leaves are loped for cattle fodder		Mizo
Leaves are used as soap for washing 'Mizo Pawnpui' (Blanket)	It is a fast growing, good coppice and facvoured for birds nesting. Bark can be used for poisoning fish, juice of crushed bark and leaves are used to tick bite.	Mizo
Fibre of the bark is used for cordage. Decoction of the root bark is given to	-	Mizo

women after delivery of a baby		
Decoction of bark is used as an effective remedy for diabetes and high blood	Leaves are lopped for cattle fodder	Mizo
pressure		
Infusion of leaves/bark is used against black water fever, malarial fever,		Mizo
jaundice, typhoid, stomach ulcer and kidney stones		
Saplings used as pendant for scorching off the bristles of the pig killed		Mizo
Bark is used internally for pain in stomach		Mizo
Juice of the stem is recommended for mouth infection in children		Mizo
Silkworm fed on its leaves. Leaves are sometimes boiled with meats and	Young leaves and twigs are good for cattle fodder	Mizo
eaten as curry. Root bark, leaves and fruits are also medicinal.		
Bark fibre which is called Hruikhau is used for making into rope and Hnam	-	Mizo
hrui. Leaves are used for fermenting cooked soyabean (bekang) and		
sometimes for wrapping food in.		
Flowers are eaten cooked as vegetables, leaves are lopped for cattle fodder	It is a light demander and frie resistant, fast growing tree	Mizo
-	-	Mizo
Bark used to poison fish. Leaves are lopped for cattle fodder	It is a moderate light demander and fast growing tree	Mizo
Leaves, tender fruits and flower buds are eaten as vegetable	It is a moderate light demander and wind firm tree	Mizo
Thick paste of the plant is applied on broken bone. Juice of the plant is also	Plant is laxative and cooling used for cold, sinusitis and	Mizo
applied on sore of baby's navel	menstruation problems	
-	-	Mizo
Decoction of bark is used in stomach troubles, fever, diarrhoea and also	-	Mizo
apllied on measles, chickem pox, sprains and burns. Leaves are cooked in		
water and water is taken as a remedy for high blood pressure.		
Tender leaves are boiled with meats and eaten as vegetables		Mizo
Young shoots are eaten in curries, amd fibre can also be used as rope	Fast growing tree	Mizo
-	-	Mizo
	-	Mizo
Root, leaves and flowers are also used medicinally. Bark and young leaves are used as a remedy for fever, stomach ache etc		Mizo
Bark is bruised, boiled with soil impregnated with urine to produce a bluish dye	Fast growing tree	Mizo

Format 27 : Wild Animals (Mammals, Birds, Reptiles, Amphibia, Insects, Others)

1	2	3	4	5	6
Animal type	Local Name	Scientific Name	Habitat	Description	Season when seen
Mammal	Awrrang	Ratufa bicolor	Forest	-	Not recorded
Mammal	Biang	Belomys pearsonii	Forest	-	-do-
Mammal	Chepa	Tupaia bengaleri	Forest	-	-do-
Mammal	Hleikapsen	Callosciurus erythraeus	Forest	-	-do-
Mammal	Hleilubial	Callosciurus pygerythrus	Forest	-	-do-
Mammal	Hleimeipar	Dremomys lokriah	Forest	-	-do-
Mammal	Hleimualrang	Tamiops macclellandi	Forest	-	-do-
Mammal	Hleizawng	Callosciurus pygerythrus	Forest	-	-do-
Mammal	Kuhpui	Hystrix brachyura	Forest	-	-do-
Mammal	Kuhsi	Atherurus macrourus	Forest	-	-do-
Mammal	Ngau	Trachypithecus pileatus	Forest	-	-do-
Mammal	Ngharbawr	Prionailurus viverrinus	Forest	-	-do-
Mammal	Safia	Martes flavigula	Forest	-	-do-
Mammal	Sakhi	Muntiacus vaginalis	Forest	-	-do-
Mammal	Samang (Mangte)	Helarctos malayanus	Forest	-	-do-
Mammal	Sanghal	Sus scrofa	Forest	-	-do-
Mammal	Sanghar	Prionailurus bengalensis	Forest	-	-do-
Mammal	Saphu	Manis pentadactyla	Forest	-	-do-
Mammal	Sarivaithun	Herpetes javanicus	Forest	-	-do-
Mammal	Savawm	Melursus ursinus	Forest	-	-do-
Mammal	Saza	Capricornis sumatraensis	Forest	-	-do-
Mammal	Sazaw (Zawreng)	Paradoxurus hermaphroditus	Forest	-	-do-
Mammal	Sihal	Canis aureus	Forest	-	-do-
Mammal	Tlumther	Viverricula indica	Forest	-	-do-
Mammal	Vahluk	Petaurista petaurista	Forest	-	-do-
Mammal	Zamphu	Arctictis binturong	Forest	-	-do-
Mammal	Zawbuang	Paguma larvata	Forest	-	-do-
Mammal	Zawhang	Arctogalidia trivirgata	Forest	-	-do-
Mammal	Zawng hmaisen/mawt/hmaitai	Stump-tailed Macaque	Forest	-	-do-
Bird	Bawng	Pericrocotus brevirostris	Forest	-	-do-
Bird	Bullut	Ducula badia	Forest	-	-do-
Bird	Chhawlhring	Chloropsis aurifrons	Forest	-	-do-
Bird	Chhimbuk	Bubo bengalensis	Forest	-	-do-
Bird	Chhuangtuar	Upupa epops	Forest	-	-do-
Bird	Chingpirinu	Strix leptogrammica	Forest	-	-do-
Bird	Chinrang	Enicurus scouleri	Forest	-	-do-
Bird	Chip te	Anthus hodgsoni	Forest	-	-do-

Bird	Dawithiama arpa	<i>Aethopyga</i> sp.	Forest	-	-do-
Bird	Dawntliang	Cissa chinensis	Forest	-	-do-
Bird	Hrangkir	Athene brama	Forest	-	-do-
Bird	Irliak	Coracina macei	Forest	-	-do-
Bird	Kawlrit	Hemixos flavala	Forest	-	-do-
Bird	Kireuh	Arachnothera longirostra	Forest	-	-do-
Bird	Koro	Garrulax leucolophus	Forest	-	-do-
Bird	Lailen	Motacilla flava	Forest	-	-do-
Bird	Mitval	Zosterops palbebrosa	Forest	-	-do-
Bird	Mute	Accipiter sp.	Forest	-	-do-
Bird	Muvanlai	Spilornis cheela	Forest	-	-do-
Bird	Ramar	Ĝallus gallus	Forest	-	-do-
Bird	Ramparva	Chalcophaps indica	Forest	-	-do-
Bird	Tawllawt	Megalaima virens	Forest	-	-do-
Bird	Tek tek	Dicaem minullum	Forest	-	-do-
Bird	Thangfen	Myiophonus caeruleus	Forest	-	-do-
Bird	Thangfen	Myophonus caeruleus	Forest	-	-do-
Bird	Theh hek	Prinia hodgsonii	Forest	-	-do-
Bird	Thizil	Psamisomus dalhousiae	Forest	-	-do-
Bird	Thlanthla	Dicrurus aeneus	Forest	-	-do-
Bird	Thloh	Blythipicus pyrrhotis	Forest	-	-do-
Bird	Tlaiberh	Pycnonotus cafer	Forest	-	-do-
Bird	Tukkhumvilik	Pycnonotus melanicterus	Forest	-	-do-
Bird	Tuklo	Megalaima asiatica	Forest	-	-do-
Bird	Vabak/Valambawk	Caprimulgus macrurus	Forest	-	-do-
Bird	Vadumdeleng	Niltada sp.	Forest	-	-do-
Bird	Vahai	Anthracoceros albirostris	Forest	-	-do-
Bird	Vahlah	Bambusicola fytchii	Forest	-	-do-
Bird	Vahmim	Turnix suscitator	Forest	-	-do-
Bird	Vahrit	Lophura leucomelanos	Forest	-	-do-
Bird	Vahui	Treron sp.	Forest	-	-do-
Bird	Vaki	Psittacula krameri	Forest	-	-do-
Bird	Valeisawt	Pnoepyga albiventer	Forest	-	-do-
Bird	Varihaw	Polyplectron bicalcaratum	Forest	-	-do-
Bird	Varung	Arborophila sp.	Forest	-	-do-
Bird	Vasuih	Carpodacus erythrinus	Forest	-	-do-
Bird	Vazar	Garrulax sp.	Forest	-	-do-
Bird	Vazun	Phaenicophaeus tristis	Forest	_	-do-
Reptiles	Rul hlai	Ptyas korros, Coelognathus radiatus	Forest	_	-do-
Reptiles	Rul nghawngsen	Rhabdophis subminiatus	Forest	_	-do-
Reptiles	Rul thihna	Oreocryptophis porphyraceus	Forest	_	-do-
Reptiles	Rul vankai	Dendrelaphis cyanochloris	Forest	_	-do-

Reptiles	Rulmuk (Zo Rulpui)	Ovophis monticola	Forest	-	-do-
Reptiles	Rultuha	Trimeresurus erythrurus/albolabris	Forest	-	-do-
Reptiles	Rul ngan	Ophiophagus hannah	Forest & Human habitation		
Reptiles	Rul rial	Boiga cyanea	Forest		
Reptiles	Tui Rul	Xenochropis piscator	Ponds and near water bodies		
Reptiles	Saphai	Python bivittatus	Forest	-	-do-
Reptiles	Rul sakhi	Boiga ochracea	Forest & Human habitation		
Reptiles	Hlaivawm	Ptyas mucosa	Forest & Human habitation		
Reptiles	Changpat rul	Argyrophis diardii	Forest & Human habitation		
Reptiles	Satel	Melanochelys tricarinata	Forest		
Reptiles	Tui satel	Cyclemis gemeli	Rivers, streams etc		
Reptiles	Tangkawng /Tangkeu	Varanus bengalensis	Forest	-	-do-
Reptiles	Laiking	Christidorsata otai	Forest, open areas		-do-
Reptiles	Awk-e	Gecko gekko	Forest & Human habitation	-	-do-
Reptiles	Bang daidep	Hemidactylus frenatus	Human habitation, House	-	-do-
Amphibians	Utum	Kaloula assamensis	Rivers, Ponds etc	-	-do-
Amphibians	Dawngthlek	Chiromantus vittatus	Rivers, Ponds etc	-	-do-
Amphibians	Utawkphar	Bufo stomaticus	Rivers Ponds etc	-	-do-
Insects	Khauphar	-	Rivers Ponds etc	-	-do-
Insects	Perhpawng	-	Rivers Ponds etc	-	-do-
Insects	Khauchher	-	Rivers Ponds etc	-	-do-
Insects	Chep chep	-	Rivers Ponds etc	-	-do-
Insects	Khaukhuap	-	Rivers Ponds etc	-	-do-
Insects	Uleuh	-	Rivers Ponds etc	-	-do-
Insects	Khawibel	Vespa velutina	Forest & Human habitation	-	-do-
Insects	Khawi sanghar	Parapolybia sp.	Forest & Human habitation	-	-do-
Insects	Khawifung	Apis florea	Forest, open areas		-do-
Insects	Khawi chhunmu	Provespa sp.	Forest, open areas		-do-
Insects	Khawikeilu	-	Forest, open areas		-do-
Insects	Khawivah	Apis cerana indica	Forest & Human habitation		-do-
Insects	Khawichhinkhup	Polistes tenebricosus	Forest, open areas		-do-
Insects	Nghalfek	Vespa tropica	Forest, open areas		-do-
Insects	Khawi in ting	-	Forest, open areas		-do-
Insects	Khawidang	-	Forest, open areas		-do-
Insects	Khawipui	Apis dorsata	Forest, open areas		-do-
Insects	Rengchal	Psaltoda cf. plaga	Forest, open areas		-do-
Insects	Dawlrem	-	Forest, open areas		-do-
Insects	Thereng	-	Forest, open areas		-do-
Insects	Losul thereng	Magicicada sp.	Forest, open areas		-do-
Insects	Nipui thereng	-	Forest, open areas		-do-
Insects	Ngirtling	-	Forest, open areas		-do-
Insects	Uifawm	-	Forest, open areas		-do-

Insects	Tekral	-	Forest, open areas	-do-
Insects	Khuang chiri/ Khuangbai	Gryllus sp.	Forest, open areas	-do-
Insects	Tawh ek	-	Forest, open areas	-do-
Insects	Taivang	<i>Tetraponera</i> sp.	Forest, open areas	-do-
Insects	Zan taivang	<i>Tetraponera</i> sp.	Forest, open areas	-do-
Insects	Hnahkiah taivang	<i>Tetraponera</i> sp.	Forest, open areas	-do-
Insects	Mawnger	Crematogaster sp.	Forest, open areas	-do-
Insects	Fachhawng	-	Forest, open areas	-do-
Insects	Reksen	-	Forest, open areas	-do-
Insects	Tarpilu	-	Forest, open areas	-do-
Insects	Sihsen	-	Forest, open areas	-do-

	7	8	9	10	11	12
Loca	al Status	Uses (if any)	Associated TK	Mode of Hunting,	Other details	Community/
Past	Present			collecting (if any)		Knowledge Holder
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Decreasing	-	-	By Gun or trap	-	Mizo
Insufficient	Decreasing	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo

Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	_	_	By Gun or trap	-	Mizo
Insufficient	Insufficient	_	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	_	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	_	-	By Gun or trap	-	Mizo
Abundant	Frequent	_	-	By Gun or trap	-	Mizo
Abundant	Frequent	_	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	_	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Insufficient	Insufficient	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	By Gun or trap	-	Mizo
Abundant	Frequent	-	-	-	-	Mizo
Abundant	Frequent	-	-	-	-	Mizo
Abundant	Frequent	-	-	-	-	Mizo
Abundant	Frequent	-	-	-	-	Mizo
Abundant	Frequent	-	-	-	-	Mizo
Abundant	Frequent	-	-	-	-	Mizo
Abundant	Frequent	-	-	-	-	Mizo
Insufficient	Insufficient	-	-	-	-	Mizo
Insufficient	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Frequent	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Abundant	Insufficient	-	-	-	-	Mizo
Insufficient	Insufficient	-	-	-	-	Mizo
Insufficient	Insufficient	-	-	-	-	Mizo
Insufficient	Insufficient	-	-	-	-	Mizo
Insufficient	Insufficient	-	-	-	-	Mizo
Insufficient	Insufficient	-	-	-	-	Mizo
Insufficient	Insufficient	-	-	-	-	Mizo
Abundant	Abundant	-	-	-	-	Mizo

Insufficient	Insufficient	-	-	-	-	Mizo
Insufficient	Insufficient	_	_	-	-	Mizo
Insufficient	Insufficient	_	_	_	-	Mizo
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Insufficient	Insufficient	_	_	-	-	Mizo
Insufficient	Insufficient	-	_	-	-	Mizo
Insufficient	Insufficient	-	_	-	-	Mizo
Abundant	Abundant	_	_	-	-	Mizo
Abundant	Abundant	-	_	-	-	Mizo
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Abundant	Abundant	-	-	-	-	Mizo
Abundant	Abundant	-	-	-	-	Mizo
Abundant	Abundant	-	-	-	-	Mizo
Abundant	Abundant	-	-	_	-	Mizo
Abundant	Abundant	-	-	-	-	Mizo

AGROBIODIVERSITY

Crop Plants



Solanum aethiopicum



Oryza sativa



Cucurbita maxima



Clerodendrum colebrookianum

Fruit Plants





Carica papaya

Ananus comosus



Elaegnus latifolia

Medicinal Plants



Byttneria grandifolia



Clerodendrum colebrookianum



Mussaenda roxburghii



Glinus oppositifolius

Ornamental Plants



Celosia argentea



Impatiens balsamina



Impatiens balsamina



Tarpho Village



Members of Biodiversity Management Committee, Tarpho